

Milton Public Schools Adult Education Program

Fall 2011 Courses



Fall 2011 Registration Information

Online Registration open now!

Go to www.tinyurl.com/miltonadulsted.

Payable by checking account or credit card.

Walk-in Registration Nights

WHEN: Wednesday, September 21, 2011 6-8pm

Thursday, September 22, 2011 6-8pm

LOCATION: Milton High School Main Office – 25 Gile Rd

Semester Highlights!

Stained Glass Workshop

Michel L'Huillier (First class 9/26)
Mondays 6:30 – 9:30pm; 8 weeks; \$195 fee
(Includes all materials)

Using the copper foil method, create a stained glass panel (1 to 2 square feet). Learn to develop your ideas into quick sketches and then into a full-scale “cartoon”. From there, play with shapes, colors and textures to bring your design to life. Learn to cut glass accurately, foil and solder. At the end of the workshop you will go home with a beautiful stained glass panel. Michel L'Huillier, your instructor, has almost 20 year experience in stained glass and fusing and loves to share his passion for glass with his students. He will provide you with all the tools and materials necessary, along with a wide selection of cathedral glass and European mouth-blown glass for your project.

High schools students welcome. Bring safety glasses and wear closed toe shoes, instructor.

New Course!!

Fused bowls and Plates

Michel L'Huillier (One class 11/28)
Mondays 6:30 – 8:30pm; 1 week; \$95 fee
(Includes all materials)

In this 2 hour workshop you'll learn the basics of glass fusing techniques and play with colored glass pieces, glass powders and frits, stringers and glass beads. After a series of fun exercises, you'll design and create one 8"x 8" plate or 8" diameter bowl using the techniques learned. These pieces will be fused flat first and then “slumped” in a second firing to give them their final shapes. The fused pieces will be available at the Adult Education Office within a week after the class.

Michel L'Huillier, your instructor will provide you with all the tools and materials necessary. High schools students welcome. Safety: Bring safety glasses and wear closed toe shoes.

How to Buy & Sell on eBay

Ellen Pierce (First Class 9/26)
Mondays; 6:30-8:30pm; 4 weeks; \$55 fee

Turn those attic treasures into cash! This course will cover registering to buy and sell on the eBay auction site. Participants will learn how to set up an eBay account, the techniques of the auction process and how to list an item for sale. Steps to set up a secure online payment system will also be covered.

Intro to Computers

Bob Marotta (First class 9/26)
Mondays 6-7:30pm; 8 weeks; \$185 fee

Using your personal computer should not be intimidating. This course is designed for beginners who are looking to learn the basics. Learn to move around your Windows operating system with ease. Find answers to many of your 'how do I' questions. The second part of the semester will cover the Internet and email. Students will learn to set up their own e-mail account and surf the net for various types of information.

Intro to Microsoft PowerPoint

Bob Marotta (First class 9/26)
Mondays 7:45-9:15pm; 5 weeks; \$95 fee

MS PowerPoint is used by students and business professionals worldwide. All skill sets and techniques presented in this course can be used in every version of MS PowerPoint available today. Learn how to easily and quickly create dazzling slideshow presentations using this popular presentation software. This 5 session course will cover all the features you will need to make your next presentation shine. Topics to be covered: Terminology and concepts, creating and inserting slides, editing, formatting text, creating charts and graphs, the many ways to print your presentations, working with objects, using word art and clipart, and, the concepts behind presenting a successful slide shows.

Intro to Microsoft Excel

Bob Marotta (First class 9/28)
Wednesdays 7:45-9:15pm; 10 weeks; \$185 fee

Learn to use Microsoft Excel while becoming a more efficient user. All skill sets and techniques presented in this course can be used in every version of Excel available today. MS Excel is probably the most popular, most used spreadsheet program in the world today. This 10 session course will cover many features of MS Excel: Toolbar use, formatting, cutting, pasting, creating basic formulas, spreadsheet management creating charts and graphs, etc. When you have completed this course, you will be able to quickly and easily create and edit an existing spreadsheet into a well organized, printer friendly document.

Intro to Microsoft Word

Bob Marotta (First class 9/28)
Wednesdays 6-7:30pm; 10 weeks; \$185 fee

Learn to use MS Word more efficiently. All skill sets and techniques presented in this course can be used in every version of Word available today. MS Word is probably the most popular word processing program in the world today. This 10 session course will cover many features of MS Word: Toolbar use, formatting, cutting, pasting, word processing, and other useful components. When you have completed this course you will have a better understanding of how to use the many features contained within this powerful program.

Take Better Pictures I

Bob Marotta (First class 9/27)
Tuesdays 6-7:45pm; \$105 fee
5 weeks and 1 - 2 hr field trip in Milton, MA

This popular course fills up quickly! Everyone likes a great photograph! If taking great photos is what you are looking to get from this course, then this is the course for you. This course is designed to assist you in looking at some simple ways to enhance your photo taking techniques. Techniques that can be used whether you use a traditional film camera or any of the new digital cameras now on the market. Topics to be covered but not restricted to: Photo composition, shooting angles, camera controls and menu options discussion, camera types, accessories, photo software, etc. Taking great photos is easy and the best part – The happy smiles and grins on the faces of family and friends you share your great pictures with in person or on the web. Please bring your camera with you to class.

Take Better Pictures II

Bob Marotta (First class 9/27)
Tuesdays 7:45-9; 5 weeks; \$105 fee

This course was created at the request of all who attended the **Take better Pictures I** course. This course is for folks who have a good understanding of how to take nice photographs and want to explore more ways to see things through the camera lens. Here is how the class works: Each Week a technique / topic will be discussed. A weekly photo assignment will be given to all to practice what was discussed. Students will take pictures on their own time and post them to a class web site for discussion/critiquing the next class. Great way to explore what your camera can do beyond the AUTO setting, learn new techniques, etc. All this and more in a relaxed and fun atmosphere.

Intro to French

Ellen Ahearn (First class 9/26)
Mondays; 6-8pm; 10 weeks; \$135 fee

Is your child in the French Immersion Program? Are you planning on traveling to a French speaking country? This course will teach you the basics of this beautiful language. Ms. Ahearn is a veteran French teacher at Milton High School. The Adult Education program is proud to have her teaching this course.

Inter. French Conversation through Cinema

Judy Planchon (First class 9/26)
Tuesdays 7-8:30pm; 10 weeks; \$135 fee

Did you once study French? Would you like to improve your ability to understand and speak it now? In this course we will have the opportunity to watch French films with English subtitles and to discuss the films and their cultural contexts. Small group activities will help encourage everyone to learn from each other. The teacher has lived in France and taught French at Brookline High School. She currently teaches in the Osher Lifelong Learning Institute at UMass Boston.

Intro to Spanish

Adult Ed Staff (First class 9/27)
Tuesdays 7-8:30pm; 10 weeks; \$135 fee

Is learning some useful and basic Spanish on your to do list? Then sign up for this popular language class. You will be able to use the fundamentals that you already have or get them here! Put into practice some Spanish in real situations, like the restaurant, the store, the plane, etc. The level and interests of the group will help determine the course.

Beginner Irish Step Dance Class

Loyola Pasciewicz (First class 9/28)
Wednesdays 6-7pm; 8 weeks; \$105 fee

This class will focus on learning the basic rhythms and techniques of Irish soft-shoe step dancing as well as exploring the sean-nós "old style" Irish dance. This low intensity class will include traditional Irish reels and jigs. No experience necessary. Wear comfortable clothes.

Cooking: Food Without Fuss**Holiday Appetizers**

Connie Spiros (One class 11/7)
Monday; 6:30-8:30pm; 1 week; \$35 fee

Planning to host a party this year? Or maybe you're hoping to be on someone's guest list? Be prepared for that invitation by expanding your repertoire of simple and tasty appetizer recipes. Cost of this hands-on class includes all ingredients, recipes and a sampling of our cooking. ALL NEW RECIPES.

Manage Stress Through Yoga & Meditation

Kanchan Banerjee (First class 9/27)
Tuesdays 6:30-7:30pm; 6 weeks; \$85 fee

Round out your fitness program with the health benefits that Yoga provides. Energizing and relaxing, you'll practice breathing, poise, balance, and meditation, while increasing flexibility, concentration, and vitality.

Discover Yourself Through Yoga

Kanchan Banerjee (First class 9/27)
Tuesdays 7:45-9pm; 8 weeks; \$105 fee

Exercise to Discover-Your-Self, learn yoga and achieve the following: enhance your vital energy and empower your creative energy; reduce or eliminate stress; increase your cope-ability; cure and prevent diseases and improve immunity; control the fitness and weight of your body; manage your life, family and job or business in a natural way.

Back By Popular Demand!!**Skin Care and Makeup Application**

Deirdre Eschauzier (First class 10/17)
Mondays 6:30-8:30pm; 2 weeks; \$35 fee

Students will learn the elements of proper care for your skin to combat major skin concerns with a focus on anti-aging. You will have the opportunity to try different products including microdermabrasion and perfect foundation matching using mineral powder and/or liquid foundation. The class will also be dedicated to proper makeup application including highlighting, contouring, application based on eye and face shape and skin tone. Students will learn by actually applying the products to your face.

Deirdre Eschauzier has been teaching skin care wellness and makeup application for over 10 years. She has been trained by many of the top makeup artists in the industry.

Cooking: Kids Can Cook!**Holiday Gifts From the Kitchen**

Connie Spiros (One Class 11/14)
Monday; 6:30-8:30pm; 1 week; \$45 fee

An interactive cooking class where parents and kids can have fun creating great gifts from the kitchen. Cost of class includes all ingredients, recipes and snacking along the way. Recommended age for children is 8-14. ALL NEW RECIPES. Fee of \$45 covers both adult and child registration.

Scrapbooking for Beginners, Intermediate & Advanced

Kristin Camarra (First Class 9/28)
Wednesdays, 6-9:30pm, 6 weeks
\$65 (+ materials)

Learning how to complete beautiful, decorative albums to showcase and preserve your photos. You will learn the importance of using photo-safe tools and supplies. Valuable tips, tricks and techniques will be taught to complete simple and elaborate scrapbook pages. We will also discuss the importance of journaling in your albums to really make your albums represent you!

Beginners: All you need to do is bring your photos! All supplies can be purchased during class to complete an album. You will learn all the basics of scrapbooking and have the opportunity to use a variety of tools and supplies to enhance and decorate your album pages.

Intermediate & Advanced: Bring your current projects and supplies to work on while learning new techniques and using new tools and supplies to enhance your pages!

Additional products and materials can be purchased during the class.

Knitting

Debbie Neely (First class 9/28)
Wednesdays 7 – 10pm; 10 weeks; \$85 fee

From beginners to advanced, learn how to knit any stitch. Make sweaters and blankets so perfect that friends will wonder where you purchased them! Design your own or work with a pattern. Independence is stressed and confidence encouraged.

Class will be held at Pierce Middle School.

New Course!!

Beginners Crochet

Allison Krzanowski (First class 9/27)
Tuesdays 6-9pm; 8 weeks; \$85 fee

In this class students will learn to crochet and create a hat, scarf, and a small afghan. Learn about different size hooks and different weights of yarn; Learn basic stitches; Those who are interested can learn more complicated stitches. Cost of Materials separate: Approximately \$40 per person

Beginner Piano for Adults

Gary Good (First class 9/28)
Wednesdays 6-7pm; 10 weeks; \$185 fee

If you always wanted to play the piano but never got around to starting lessons, now is your chance. In a comfortable and fun group setting, you will learn the basics on digital pianos in the state-of-the-art music instruction lab, which provides for group and individual instruction.

Intermediate/Advanced Piano for Adults

Gary Good (First class 9/28)
Wednesdays 7-8pm; 10 weeks; \$185 fee

This is for those who have participated in the Group Piano program previously.

Guitar Accompaniment and Songwriting

Leo Stapleton (First class 9/27)
Tuesdays; 7-9pm; 10 weeks; \$135 fee

This course is designed for adults who have an interest in learning how to play some classic sing along tunes. We will be using songs by the Beatles, The Eagles, James Taylor, Tom Petty, America, Bob Dylan, U2, and Van Morrison, to name a few, as vehicles for learning chord progressions, melody, and song form. The goal of the course is to provide each student with a set of songs that can be played in a live situation. We will also touch upon some different songwriting styles and how to use them in writing your own songs. We will be playing along with some of the original recordings during class whenever possible so the student can get a feel for each song as it was intended by the writer. **No experience necessary!**

Oil or Acrylic Painting

Abby Zonies (First class 9/26)
Mondays; 6-8pm; 10 weeks; \$135 fee

This course is an opportunity for all levels of students to learn or improve upon their understanding of color and paint. We will explore drawing skills, composition, and pushing paint around. Students will be responsible for providing their own art supplies.

<p>Wake Up Boot Camp Lori Casinghino (First Classes 9/26 & 9/28) Mondays & Wednesdays, 5:30-6:30am, 6 weeks (12 classes total) \$125 fee</p>	<p>Evening Boot Camp Lori Casinghino (First Classes 9/26 & 9/28) Mondays & Wednesdays, 6-7pm, 6 weeks (12 classes total) \$125 fee</p>
<p>Students will build a vast library for performing cardio-strength exercises using minimal equipment (Students will have handouts for each class and if desired, have word documents sent via email). Students will become familiar with various bodyweight exercises and equipment, including resistance bands, superbands, kettlebells, medicine balls, stability balls, foam rollers and the TRX system. Students will perform workout routines that will improve cardiovascular strength and endurance. Students will perform workout routines that will improve muscular strength and endurance. Students will thereby gain enough knowledge to create personal workouts. Beginner, Intermediate, and Advanced exercises will be suggested in circuits/training. Suggested equipment (but not required) - exercise mat, kettlebell, resistance band</p>	

Workshops for Job Seekers

Roni F. Noland., an experienced career coach and “The Milton Job Doctor” for the Milton Public Library and Milton Patch, will answer your questions and offer advice in the following four workshops, each geared to a different group of job-seekers or potential job-seekers:

For the Recent College Graduate

Monday 7-8:30pm; 1 weeks; \$20 fee; (First class 9/26)

Now that college has ended and summer is over, it’s time to really dive into your job search. Learn how to make a polished, professional first impression; how to leverage your education, previous jobs, and internships into a compelling resume; how to use faculty, family and friends to help you network; and how to ace the interview. The focus of this session will be assisting recent graduates looking for their first “real” full-time job, with a particular emphasis on preparing a professional resume and developing interviewing skills.

For the Career Changer

Monday 7-8:30pm; 1 weeks; \$20 fee; (First class 10/24)

You feel like you’ve stagnated in your current career, or perhaps you’re concerned that no one in your field seems to be hiring. Is it a good time to contemplate a career change, or is it just a passing daydream? Learn how to assess the skills you have, identify areas for professional development, rework your resume, develop a compelling story and self-marketing materials, and network your way to a new opportunity. The focus of this session will be on leveraging skills and experience from your prior career(s) to present yourself as an appealing candidate in your new field.

For the Re-entry Job-Seeker

Monday 7-8:30pm; 1 weeks; \$20 fee; (First class 11/14)

You've taken a break from the paid work force, perhaps to raise a family; now that your kids are older, you're looking for employment. But how and where do you start? Learn how to overcome the obstacles to re-entry; how to create a resume that highlights your accomplishments; and how to leverage your experience and contacts to successful re-employment. This session will focus on methods for job-seekers to identify specific job targets, preparing candidates to talk about the gap in their employment histories, and how to reconnect with contacts from past employment.

For the Older Worker

Monday 7-8:30pm; 1 weeks; \$20 fee; (First class 12/5)

In our youth-obsessed society, sometimes it's hard to recognize that it is possible to use your age and experience as an advantage in your job search. Learn how to turn your age and experience into your strongest assets, how to use the internet successfully in the job search, and how to get started with social networking sites such as LinkedIn. Learn how to highlight the benefits of your experience in your resume as you present yourself as a strong, vital candidate. This session will focus on ways to present age and experience as benefits to a candidate, and on preparing older workers to use new technologies in their job search.

Milton Public Schools
Adult Education Program
25 Gile Road
Milton, MA 02186

Non-Profit Org: U.S. Postage PAID Permit No. 185 Milton, MA

Milton Public Schools Adult Education Program Fall 2011 Course Brochure

Milton Public Schools Adult Education Program Fall 2011 Registration Information

Online Registration open now!

Go to www.tinyurl.com/miltonadulted.

Payable by checking account or credit card.

Walk-in Registration Nights

When: Wednesday, September 21, 2011 6-8 pm
 Thursday, September 22, 2011 6-8 pm

Location: Milton High School – 25 Gile Rd

*Classes are not held on legal holidays or during school vacation weeks, and may be canceled due to weather. There are no classes when day school is cancelled.

*If you are unable to come to registration please contact the Adult Education program at adulted@miltonps.org