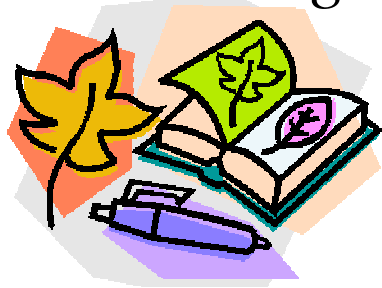


Milton Public Schools Adult Education Program

Fall 2012 Courses



Fall 2012 Registration Information

Online Registration open now!

Go to www.tinyurl.com/miltonadulted.
Payable by checking account or credit card.

Walk-in Registration Nights

WHEN: Tuesday, September 25, 2012 6-8pm
Thursday, September 27, 2012 6-8pm
LOCATION: Milton High School Main Office – 25 Gile Rd

Let's Get Cooking!

Parents in the Kitchen

Debbie Alsebai (Class Meets 10/10)
Wednesday 6–8pm; 1 week; \$25 fee
(Includes all supplies)

Ms. Debbie will help you create meals/snacks your kids will want to eat. Be better prepared for the get home from school snack attack!

Holiday Gifts From Your Kitchen

Debbie Alsebai (Class Meets 11/28)
Wednesday 6–8pm; 1 week; \$25 fee
(Includes all supplies)

Ms. Debbie will work with you to make edible gifts that friends and family would love to receive. Show your family your fun and creative side while also showcasing your cooking!

Family Fun in the Kitchen

Debbie Alsebai (First Class 10/2)
Tuesdays 6–7:30pm; 10 weeks; \$175 fee
(Includes all supplies)

Looking for a fun and yummy way to bond with your child? Sign up for a parent/child cooking class with Ms Debbie and both of you will be making lifelong memories and delicious food!! The cooking themes for the 10 classes are Breakfast Blast, Lunch ideas, Crazy Cupcakes, Tricks & Treats for Halloween, A is for Apple, All about Pumpkin, Thanksgiving Treats, That's Italian, Gifts from the Kitchen, and Cookies, Cookies, Cookies. Kids aged 8 and above are welcome to attend with an adult of their choosing. Course fee covers enrollment for adult and child as well as all the food!

Want to teach a class?

Email adulted@miltonps.org to get into the Winter/Spring semester.

Connecting to Your Inner Artist

Andrew Crum (Class Meets 10/3)
Wednesdays 7-8:30pm; 6 weeks; \$75 fee

Ever wish you could explore drawing and painting, but got stopped by your inner critic? This low-stress, fun class is for you. Over 6 weeks we will explore collage, painting, drawing, printmaking, and image transfer through non-threatening, intuitive and fun exercises designed to free your inner artist. There is no "wrong" in this class: just happy accidents and lessons learned.

You will amaze yourself with your own creative potential! No experience in art needed -- just a willingness to play and explore.

Andrew Crum is a life-long visual artist with a BFA and a Masters of Arts and Teaching. He lives in Milton with his wife Sarah and has two daughters at Milton High School.

Welcome to the Open Studio

Claire Canning (Class Meets 10/3)
Wednesdays 7-9pm; 10 weeks; \$20 fee

The open studio is being offered for the first time this fall. The open studio offers artists of all mediums a supportive environment to polish their skills, learn from others, and enjoy an evening of creating your art. As "open studio" implies, artists work at their own speed using their choice of techniques. There is no traditional teacher, we learn from each other. Whether your talent is charcoal drawing, watercolor painting, or mosaic art the open studio welcomes all artists, from beginners to professional. Please bring your own supplies.

Scrapbooking for Beginners, Intermediate & Advanced

Kristin Camarra (First Class 10/1)
Mondays, 6-9:30pm, 6 weeks
\$45 (+ materials)

Learn the importance of getting your photos out of boxes and off your memory sticks! Learn how to complete beautiful, decorative albums to showcase and preserve your photos.

Beginners: All you need to do is bring your photos! All supplies can be purchased during class to complete an album. You will learn all the basics of scrapbooking and have the opportunity to use a variety of tools and supplies to enhance and decorate your album pages.

Intermediate & Advanced: Bring your current projects and supplies to work on while learning new techniques and using new tools and supplies to enhance your pages!

Intro to Spanish

Adult Ed Staff (First class 10/2)
Tuesdays 7-8:30pm; 10 weeks; \$135 fee

Is learning some useful and basic Spanish on your to do list? Then sign up for this popular language class. You will be able to use the fundamentals that you already have or get them here! Put into practice some Spanish in real situations, like the restaurant, the store, the plane, etc. The level and interests of the group will help determine the course.

The Spanish Vocabulary Builder

Mary Doherty (First class 10/2)
Tuesdays 7-8pm; 10 weeks; \$85 fee

This course uses a reading and writing sequential learning approach to promote long term retention of material through mnemonic devices. By tapping into spatial, personal, surprising, physical, humorous, or otherwise "relatable" information, the student builds vocabulary in a step by step fashion. Appropriate for the Beginner Intermediate student.

Puedo "Defenderme" ("Speaking Spanish")

Mary Doherty (First class 10/2)
Wednesdays 7-8pm; 10 weeks; \$85 fee

Leave the boxing gloves at home but bring your "on your toes and ready position"...

If speaking Spanish is a journey that you want to start but seems unattainable, than a more achievable goal of "me puedo defender" might be right for you. Learning how to "defend" yourself in Spanish becomes the achievable and realistic way of defining your goal and viewing your progress. "Me puedo defender" releases the anxiety of not understanding the spoken word or having to utter perfect response by redefining what it means to converse in a second language. You will feel empowered as you spar your way through the give and take of message received/message delivered. An environment of support, interaction, and physical activity helps promotes that loosening-up that is needed for a more fluid delivery by actively exchanging with others through language exercises including skit, listening segments, writing exercises, song, movement, etc.

Appropriate for the Intermediate Level student.

Intro to French

Adult Ed Staff (First class 10/2)
Tuesdays 7-8:30pm; 10 weeks; \$135 fee

Is your child in the French Immersion Program? Are you planning on traveling to a French speaking country? This course will teach you the basics of this beautiful language.

Stained Glass Workshop

Michel L'Huillier (First class 10/1)
Mondays 6:30 – 9:30pm; 8 weeks; \$195 fee
(Includes all materials)

Using the copper foil method, create a stained glass panel (1 to 2 square feet). Learn to develop your ideas into quick sketches and then into a full-scale “cartoon”. From there, play with shapes, colors and textures to bring your design to life. Learn to cut glass accurately, foil and solder. At the end of the workshop you will go home with a beautiful stained glass panel. Michel L'Huillier, your instructor, has almost 20 year experience in stained glass and fusing and loves to share his passion for glass with his students. He will provide you with all the tools and materials necessary, along with a wide selection of cathedral glass and European mouth-blown glass for your project.

Fused Bowls and Plates

Michel L'Huillier (One class 12/17)
Monday 6:30 – 8:30pm; 1 week; \$95 fee
(Includes all materials)

In this 2 hour workshop you'll learn the basics of glass fusing techniques and play with colored glass pieces, glass powders and frits, stringers and glass beads. After a series of fun exercises, you'll design and create one 8"x 8" plate or 8" diameter bowl using the techniques learned. These pieces will be fused flat first and then “slumped” in a second firing to give them their final shapes. The fused pieces will be available at the Adult Education Office within a week after the class. Michel L'Huillier, your instructor will provide you with all the tools and materials necessary. High schools students welcome. Safety: Bring safety glasses and wear closed toe shoes.

Mosaic Class

Michel L'Huillier (First class 11/28)
Wednesdays 6:30 – 8:30pm; 4 weeks; \$95 fee
(Includes all materials)

This workshop will teach you the basics of the mosaic process which incorporates pieces of glass or ceramic with grout. During the first class, you'll learn to cut glass and sketch a design to fit a 10" x 10" substrate. You will have a week to refine this design at home, if needed. During the second and third classes, you'll choose your glass, cut and glue the pieces on the base. During the fourth class we'll grout, clean and finish the pieces. You will be provided with all the tools and materials necessary (fee included). Students are encouraged to bring any pieces of glass, ceramic or broken china of their own that they might like to incorporate in their piece.

Skin Care and Makeup Application

Deirdre Eschauzier (First class 10/1)
Mondays 6:30-8:30pm; 2 weeks; \$35 fee

Students will learn the elements of proper care for your skin to combat major skin concerns with a focus on anti-aging. You will have the opportunity to try different products including microdermabrasion and perfect foundation matching using mineral powder and/or liquid foundation. The class will also be dedicated to proper makeup application including highlighting, contouring, application based on eye and face shape and skin tone. Students will learn by actually applying the products to your face.

Deirdre Eschauzier has been teaching skin care wellness and makeup application for over 13 years. She has been trained by many of the top makeup artists in the industry.

Understanding Your Unique Baby

Beth Greenawalt (First class 10/1)
Mondays 7-8:30pm; 8 weeks; \$75 fee

For Parents-to-be and Parents of children under the age of 1.

Discover who you want to be as a parent and learn tools and strategies to use to maintain your connection to your parenting foundations throughout your child's development. This group will offer new parents a place to connect with other new parents and share the joys and concerns they have around raising a child. The group will be facilitated by Beth Greenawalt, Parent Coach and owner of Parent Solutions. www.parent-solutions.com. Some topics we will discuss are: your baby's temperament, developmental stages, media and child development, fun ways to engage your baby and the importance of parental self-care.

Knitting

Debbie Neely (First class 10/3)
Wednesdays 7-10pm; 10 weeks; \$85 fee

From beginners to advanced, learn how to knit any stitch. Make sweaters and blankets so perfect that friends will wonder where you purchased them! Design your own or work with a pattern. Independence is stressed and confidence encouraged.
Class will be held at Pierce Middle School.

Intro to Microsoft Word

Bob Marotta (First class 10/1)
Mondays 6-7:30pm; 10 weeks; \$185 fee

Learn to use MS Word more efficiently. MS Word is probably the most popular word processing program in the world today. This 10 session course will cover many features of MS Word: Toolbar / Ribbons use, formatting, cutting, pasting, word processing, and other useful components. When you have completed this course you will have a better understanding of how to use the many features contained within this powerful program. All skill sets and techniques presented in this course can be used in every version of Word available today.

Microsoft Word Part 2

Bob Marotta (First class 10/1)
Mondays 7:45-9pm; 5 weeks; \$75 fee

Continue the experience! This 5 session MS Word II course is offered for users who have either completed the Word I class or have a good understanding of MS Word and, would like to explore more of what can be done using Word. This class will cover topics but not restricted to; creating creative newsletters, creating and entering information into Word tables, creating a table of contents, creating footnotes, inserting your own digital pictures and clip art into word documents. All skill sets and techniques presented in this course can be used in every version of Word available today.

Create Flyers and Brochures

Bob Marotta (First class 11/19)
Mondays 7:45-9pm; 3 weeks; \$35 fee

Microsoft Word will be used to create all documents in this 3 session course.

When you have completed this course you will be able to easily create fun flyers and tri-fold brochures like a pro! Flyers and brochures are used in many ways to advertise a topic or event: Business announcements, fundraiser events, homework assignments, teaching aids, yard sales, or whatever you can dream up!

Mail Merge – How to get the Word out to All Quickly and Easily

Bob Marotta (First class 12/10)
Mondays 7:45-9pm; 2 weeks; \$25 fee

Microsoft Word will be used to complete this 2 session course. Mail merge is a powerful “tool” that can be used by business professionals, fundraising coordinators, events, homework assignments, teaching aids, etc. No need to buy specialty software – Microsoft Word can do it all with ease. After completing this 2 session course you will be able to create data tables, use existing Excel files and merge your data list(s) within the following – Make Business template form letters, Mailing labels, invitation notices, and envelopes in order to accomplish any and all mailing needs you may have.

Beginner Piano for Adults

Gary Good (First class 10/3)
Wednesdays 6-7pm; 10 weeks; \$185 fee

If you always wanted to play the piano but never got around to starting lessons, now is your chance. In a comfortable and fun group setting, you will learn the basics on digital pianos in the state-of-the-art music instruction lab, which provides for group and individual instruction.

Intermediate/Advanced Piano for Adults

Gary Good (First class 10/3)
Wednesdays 7-8pm; 10 weeks; \$185 fee

This is for those who have participated in the Group Piano program previously.

Manage Stress Through Yoga & Meditation

Kanchan Banerjee (First class 10/2)
Tuesdays 6:30–7:30pm; 6 weeks; \$85 fee

Round out your fitness program with the health benefits that Yoga provides. Energizing and relaxing, you'll practice breathing, poise, balance, and meditation, while increasing flexibility, concentration, and vitality.

Discover Yourself Through Yoga

Kanchan Banerjee (First class 10/2)
Tuesdays 7:45–9pm; 8 weeks; \$105 fee

Exercise to Discover-Your-Self, learn yoga and achieve the following: enhance your vital energy and empower your creative energy; reduce or eliminate stress; increase your cope-ability; cure and prevent diseases and improve immunity; control the fitness and weight of your body; manage your life, family and job or business in a natural way.

How to Buy & Sell on EBay

Ellen Pierce (First Class 10/2)
Tuesdays; 6:30-8:30pm; 4 weeks; \$45 fee

Turn those attic treasures into cash! This course will cover registering to buy and sell on the EBay auction site. Participants will learn how to set up an Ebay account, the techniques of the auction process and how to list an item for sale. Steps to set up a secure online payment system will also be covered.

<p align="center"><u>Wake Up Boot Camp</u></p> <p>Lori Casinghino First Classes 10/1 & 10/3) Mon & Wed, 5:45-6:45am, 6 weeks (12 classes) \$125 fee</p>	<p align="center"><u>Evening Boot Camp</u></p> <p>Lori Casinghino (First Classes 10/1 & 10/3) Mon & Wed, 6-7pm, 6 weeks (12 classes) \$125 fee</p>
<p>Students will build a vast library for performing cardio-strength exercises using minimal equipment (Students will have handouts for each class and if desired, have word documents sent via email). Students will become familiar with various bodyweight exercises and equipment, including resistance bands, superbands, kettlebells, medicine balls, stability balls, foam rollers and the TRX system. Students will perform workout routines that will improve cardiovascular strength and endurance. Students will perform workout routines that will improve muscular strength and endurance. Students will thereby gain enough knowledge to create personal workouts. Beginner, Intermediate, and Advanced exercises will be suggested in circuits/training. Suggested equipment (but not required) - exercise mat, kettlebell, resistance band</p>	

<p><u>Take Better Pictures I</u></p> <p>Bob Marotta (First class 10/2) Tuesdays 6-7:45pm; \$105 fee 5 weeks and 1 - 2 hr field trip in Milton, MA</p> <p>This popular course fills up quickly! Everyone likes a great photograph! If taking great photos is what you are looking to get from this course, then this is the course for you. This course is designed to assist you in looking at some simple ways to enhance your photo taking techniques. Techniques that can be used whether you use a small point and shoot digital camera or any of the new DSLR digital cameras now on the market. Topics to be covered but not restricted to: Photo composition, shooting angles, camera controls and menu options discussion, camera types, accessories, photo software, etc. Taking great photos is easy and the best part – The happy smiles and grins on the faces of family and friends you share your great pictures with in person or on the web. Please bring your camera with you to class.</p> <p><u>Take Better Pictures II</u></p> <p>Bob Marotta (First class 10/2) Tuesdays 7:45-9pm; 5 weeks; \$75 fee</p> <p>This course was created at the request of all who attended the Take better Pictures I course. This course is for folks who have a good understanding of how to take nice photographs and want to explore more ways to see things through the camera lens. Here is how the class works: Each Week a technique / topic will be discussed. A weekly photo assignment will be given to all to practice what was discussed. Students will take pictures on their own time and post them to a class web site for discussion/critiquing the next class. Great way to explore what your camera can do beyond the AUTO setting, learn new techniques, etc. All this and more in a relaxed and fun atmosphere.</p>	<p><u>Intro to Microsoft Excel</u></p> <p>Bob Marotta (First class 10/3) Wednesdays 6-7:30pm; 10 weeks; \$185 fee</p> <p>MS Excel is probably the most popular, most used spreadsheet program in the world today. This 10 session course will cover many features of MS Excel: Toolbar / Ribbon use, formatting, cutting, pasting, creating basic formulas, spreadsheet management creating charts and graphs, etc. We will also explore a number of great user friendly “hidden” keyboard and helpful work saving gems as well. When you have completed this course, you will be able to quickly and easily create and edit an existing spreadsheet into a well organized, printer friendly document.</p> <p><u>Microsoft Excel II</u></p> <p>Bob Marotta (First class 10/3) Wednesdays 7:45-9pm; 5 weeks; \$75 fee</p> <p>This 5 session class is for folks who are very comfortable with Excel and want to explore a few additional features not covered in the EXCEL I class. Topics to be covered but not limited to: Professional spreadsheet layouts, linking spreadsheets to share information, locking spreadsheets to protect formulas, etc.</p> <p><u>Intro to Microsoft PowerPoint</u></p> <p>Bob Marotta (First class 11/7) Wednesdays 7:45-9pm; 5 weeks; \$75 fee</p> <p>Learn how to easily and quickly create dazzling slideshow presentations using this popular presentation software. This 5 session course will cover all the features you will need to make your next presentation shine. Topics to be covered: Terminology and concepts, creating and inserting slides, editing, formatting text, creating charts and graphs, the many ways to print your presentations, working with objects, using word art and clipart, and, the concepts behind presenting a successful slide shows.</p>
--	--

Milton Public Schools
Adult Education Program
25 Gile Road
Milton, MA 02186

Non-Profit Org: U.S. Postage PAID Permit No. 185 Milton, MA

Milton Public Schools Adult Education Program Fall 2012 Course Brochure

Milton Public Schools Adult Education Program Fall 2012 Registration Information

Online Registration open now!

Go to www.tinyurl.com/miltonadulted.

Payable by checking account or credit card.

Walk-in Registration Nights

When: Tuesday, September 25, 2012 6-8 pm
Thursday, September 27, 2012 6-8 pm
Location: Milton High School – 25 Gile Rd

*Classes are not held on legal holidays or during school vacation weeks, and may be canceled due to weather. There are no classes when day school is cancelled.

*If you are unable to come to registration please contact the Adult Education program at adulted@miltonps.org

*The views expressed by the instructors do not necessarily represent the views of the Milton Adult Education program.