

Milton Public Schools Adult Education Program

Check out our new courses throughout the brochure!



Spring 2012 Course Brochure

Spring 2012 Registration Information

Online Registration open now!

Go to www.tinyurl.com/miltonadulted.

Payable by checking account or credit card.

Walk-in Registration Nights

WHEN: Monday, February 13, 2012 6-8pm

Wednesday, February 15, 2012 6-8pm

LOCATION: Milton High School Main Office – 25 Gile Rd

NEW COURSES DESIGNED TO SAVE YOU MONEY!!!

Coupons, Caviar and Computers

Donna Lee Robertson (First class 2/28)
Tuesdays 6:30-8:30pm; 5 weeks; \$35 fee

Learn fun and easy ways to Save Money, Make Money, and Live a “Richer” Life.....with a little help from technology! Hear how to make money as an extra on a movie, and get paid to participate in focus groups or medical research studies. Learn how to sell items online and set up an account on websites such as Craigslist. Learn about mystery shopping, barter opportunities and websites that will help save you money at retail stores and on travel, dining out, and entertainment. The course will be taught in the computer lab so you can learn during class how to capitalize on, and apply technology to start earning and saving money right away! The class will pay for itself!

Save Money on those Utility Bills!

Lauri Webster (First class 2/27)
Mondays 6:30-8pm; 4 weeks; \$25 fee

Sustainable Milton wants to help you learn how to save money on those utility bills! Have you ever added up how much it costs to heat your home annually? Did you ever wonder how much it costs every month to run that computer, TV, OR dryer? There are a number of no-cost and low-cost things you can do to save money. Want to calculate your household carbon footprint? We will help you get started. Get scheduled for a FREE MassSave home energy audit, to benefit from free energy saving light bulbs and other products. With weekly guest experts, we will discuss the simple things you can do, as well as actual experience with solar power and home renovations.

*****Are you interested in teaching a class for the next semester???** Email adulted@miltonps.org for more information***

Back By Popular Demand!!

Stained Glass Workshop

Michel L'Huillier (First class 2/27)
Mondays 6:30 – 9:30pm; 8 weeks; \$195 fee
(Includes all materials)

Using the copper foil method, create a stained glass panel (1 to 2 square feet). Learn to develop your ideas into quick sketches and then into a full-scale "cartoon". From there, play with shapes, colors and textures to bring your design to life. Learn to cut glass accurately, foil and solder. At the end of the workshop you will go home with a beautiful stained glass panel. Michel L'Huillier, your instructor, has almost 20 year experience in stained glass and fusing and loves to share his passion for glass with his students. He will provide you with all the tools and materials necessary, along with a wide selection of cathedral glass and European mouth-blown glass for your project.

High schools students welcome. Bring safety glasses and wear closed toe shoes.

Fused bowls and Plates

Michel L'Huillier (One class 5/7)
Monday 6:30 – 8:30pm; 1 week; \$95 fee
(Includes all materials)

In this 2 hour workshop you'll learn the basics of glass fusing techniques and play with colored glass pieces, glass powders and frits, stringers and glass beads. After a series of fun exercises, you'll design and create one 8"x 8" plate or 8" diameter bowl using the techniques learned. These pieces will be fused flat first and then "slumped" in a second firing to give them their final shapes. The fused pieces will be available at the Adult Education Office within a week after the class.

Michel L'Huillier, your instructor will provide you with all the tools and materials necessary. High schools students welcome. Safety: Bring safety glasses and wear closed toe shoes.

How to Buy & Sell on eBay

Ellen Pierce (First Class 2/28)
Tuesdays; 6:30-8:30pm; 6 weeks; \$75 fee

Turn those attic treasures into cash! This course will cover registering to buy and sell on the eBay auction site. Participants will learn how to set up an Ebay account, the techniques of the auction process and how to list an item for sale. Steps to set up a secure online payment system will also be covered.

Intro to French

Ellen Ahearn (First class 2/27)
Mondays; 6-8pm; 10 weeks; \$135 fee

Is your child in the French Immersion Program? Are you planning on traveling to a French speaking country? This course will teach you the basics of this beautiful language. Ms. Ahearn is a veteran French teacher at Milton High School. The Adult Education program is proud to have her teaching this course.

Intro to Spanish

Adult Ed Staff (First class 2/28)
Tuesdays 7-8:30pm; 10 weeks; \$135 fee

Is learning some useful and basic Spanish on your to do list? Then sign up for this popular language class. You will be able to use the fundamentals that you already have or get them here! Put into practice some Spanish in real situations, like the restaurant, the store, the plane, etc. The level and interests of the group will help determine the course.

Beginner Italian

Margaret Folcarelli (First class 2/27)
Mondays 6-7:30pm; 10 weeks; \$135 fee

This course will serve as an introduction to the Italian language and culture. Students will learn basic grammar and conversation, as well as an introduction to cinema and art. The goal of the course is to work up to a basic conversational level in Italian, to be able to navigate in Italy using the language skills. Culture will be added in English, and we will show short clips from Italian films to introduce different conversation pieces, but also aspects of culture.

Intro to Computers

Bob Marotta (First class 2/27)
Mondays 6-7:30pm; 8 weeks; \$185 fee

Using your personal computer should not be intimidating. This course is designed for beginners who are looking to learn the basics. Learn to move around your Windows operating system with ease. Find answers to many of your 'how do I' questions. The second part of the semester will cover the Internet and email. Students will learn to set up their own e-mail account and surf the net for various types of information.

Take Better Pictures I

Bob Marotta (First class 2/28)
Tuesdays 6-7:30pm; \$105 fee
5 weeks and 1 - 2 hr field trip in Milton, MA

This popular course fills up quickly! Everyone likes a great photograph! If taking great photos is what you are looking to get from this course, then this is the course for you. This course is designed to assist you in looking at some simple ways to enhance your photo taking techniques. Techniques that can be used whether you use a traditional film camera or any of the new digital cameras now on the market. Topics to be covered but not restricted to: Photo composition, shooting angles, camera controls and menu options discussion, camera types, accessories, photo software, etc. Taking great photos is easy and the best part – The happy smiles and grins on the faces of family and friends you share your great pictures with in person or on the web. Please bring your camera with you to class.

Take Better Pictures II

Bob Marotta (First class 4/3)
Tuesdays 6-7:30pm; 5 weeks; \$105 fee

This course was created at the request of all who attended the **Take better Pictures I** course. This course is for folks who have a good understanding of how to take nice photographs and want to explore more ways to see things through the camera lens. Here is how the class works: Each Week a technique / topic will be discussed. A weekly photo assignment will be given to all to practice what was discussed. Students will take pictures on their own time and post them to a class web site for discussion/critiquing the next class. Great way to explore what your camera can do beyond the AUTO setting, learn new techniques, etc. All this and more in a relaxed and fun atmosphere.

Microsoft Excel II

Bob Marotta (First class 2/29)
Wednesdays 7:45-9pm; 5 weeks; \$95 fee

This 5 session class is for folks who are very comfortable with Excel and want to explore a few additional features not covered in the EXCEL I class. Topics to be covered but not limited to: Professional spreadsheet layouts, linking spreadsheets to share information, locking spreadsheets to protect formulas, etc.

Intro to Microsoft Word

Bob Marotta (First class 2/28)
Tuesdays 7:45-9pm; 10 weeks; \$185 fee

Learn to use MS Word more efficiently. All skill sets and techniques presented in this course can be used in every version of Word available today. MS Word is probably the most popular word processing program in the world today. This 10 session course will cover many features of MS Word: Toolbar use, formatting, cutting, pasting, word processing, and other useful components. When you have completed this course you will have a better understanding of how to use the many features contained within this powerful program.

Intro to Microsoft Excel

Bob Marotta (First class 2/29)
Wednesdays 6-7:30pm; 10 weeks; \$185 fee

Learn to use Microsoft Excel while becoming a more efficient user. All skill sets and techniques presented in this course can be used in every version of Excel available today. MS Excel is probably the most popular, most used spreadsheet program in the world today. This 10 session course will cover many features of MS Excel: Toolbar use, formatting, cutting, pasting, creating basic formulas, spreadsheet management creating charts and graphs, etc. When you have completed this course, you will be able to quickly and easily create and edit an existing spreadsheet into a well organized, printer friendly document.

Intro to Microsoft PowerPoint

Bob Marotta (First class 2/27)
Mondays 7:45-9pm; 5 weeks; \$95 fee

PowerPoint is used by students and business professionals worldwide. Learn how to easily and quickly create dazzling slideshow presentations using this popular presentation software. This 5 session course will cover all the features you will need to make your next presentation shine. Topics to be covered: Terminology and concepts, creating and inserting slides, editing, formatting text, creating charts and graphs, the many ways to print your presentations, working with objects, using word art and clipart, and, the concepts behind presenting a successful slide shows.

<u>Wake Up Boot Camp</u>	<u>Evening Boot Camp</u>
Lori Casinghino First Classes 2/27 & 2/29) Mon & Wed, 5:45-6:45am , 6 weeks (12 classes) \$125 fee	Lori Casinghino (First Classes 2/27 & 2/29) Mon & Wed, 6-7pm, 6 weeks (12 classes) \$125 fee
<p>Students will build a vast library for performing cardio-strength exercises using minimal equipment (Students will have handouts for each class and if desired, have word documents sent via email). Students will become familiar with various bodyweight exercises and equipment, including resistance bands, superbands, kettlebells, medicine balls, stability balls, foam rollers and the TRX system. Students will perform workout routines that will improve cardiovascular strength and endurance. Students will perform workout routines that will improve muscular strength and endurance. Students will thereby gain enough knowledge to create personal workouts. Beginner, Intermediate, and Advanced exercises will be suggested in circuits/training. Suggested equipment (but not required) - exercise mat, kettlebell, resistance band</p>	

<p><u>Meet Me in the Kitchen with Connie</u> Connie Spiros (One Class 3/12) Monday 6:30-8:30pm; 1 week; \$35 fee</p> <p>What does March mean to you? Basketball, longer days, and crocuses on the lawn? It can also mean Asparagus, Petite Peas, and Strawberries, all finding their way into our local grocery stores. Join Cooking Coach Connie Spiros and prepare a spring menu suitable for your family and friends. You'll be cooking and tasting, so bring an apron and your appetite!</p> <p><u>Guitar Accompaniment and Songwriting</u> Leo Stapleton (First class 2/28) Tuesdays; 7-9pm; 10 weeks; \$135 fee</p> <p>This course is designed for adults who have an interest in learning how to play some classic sing along tunes. We will be using songs by the Beatles, The Eagles, James Taylor, Tom Petty, America, Bob Dylan, U2, and Van Morrison, to name a few, as vehicles for learning chord progressions, melody, and song form. The goal of the course is to provide each student with a set of songs that can be played in a live situation. We will also touch upon some different songwriting styles and how to use them in writing your own songs. We will be playing along with some of the original recordings during class whenever possible so the student can get a feel for each song as it was intended by the writer. No experience necessary!</p>	<p><u>Beginner Piano for Adults</u> Gary Good (First class 2/29) Wednesdays 6-7pm; 10 weeks; \$185 fee</p> <p>If you always wanted to play the piano but never got around to starting lessons, now is your chance. In a comfortable and fun group setting, you will learn the basics on digital pianos in the state-of-the-art music instruction lab, which provides for group and individual instruction.</p> <p><u>Intermediate/Advanced Piano for Adults</u> Gary Good (First class 2/29) Wednesdays 7-8pm; 10 weeks; \$185 fee</p> <p>This is for those who have participated in the Group Piano program previously.</p> <p><u>Knitting</u> Debbie Neely (First class 2/29) Wednesdays 7-10pm; 10 weeks; \$85 fee</p> <p>From beginners to advanced, learn how to knit any stitch. Make sweaters and blankets so perfect that friends will wonder where you purchased them! Design your own or work with a pattern. Independence is stressed and confidence encouraged. <i>Class will be held at Pierce Middle School.</i></p>
---	---

Skin Care and Makeup Application

Deirdre Eschauzier (First class 2/27)

Mondays 7– 9pm; 2 weeks; \$25 fee

Students will learn the elements of proper care for your skin to combat major skin concerns with a focus on anti-aging. You will have the opportunity to try different products including microdermabrasion and perfect foundation matching using mineral powder and/or liquid foundation. The class will also be dedicated to proper makeup application including highlighting, contouring, application based on eye and face shape and skin tone. Students will learn by actually applying the products to your face.

Deirdre Eschauzier has been teaching skin care wellness and makeup application for over 12 years. She has been trained by many of the top makeup artists in the industry.

Scrapbooking for Beginners, Intermediate & Advanced

Kristin Camarra (First Class 2/29)

Wednesdays, 6-9:30pm, 6 weeks
\$35 (+ materials)

Learn how to complete beautiful, decorative albums to showcase and preserve your photos. Valuable tips, tricks and techniques will be taught to complete simple and elaborate scrapbook pages. We will also discuss the importance of journaling in your albums to make your albums represent you!

Beginners: All you need to do is bring your photos! All supplies can be purchased during class to complete an album. You will learn all the basics of scrapbooking and have the opportunity to use a variety of tools and supplies to enhance and decorate your album pages.

Intermediate & Advanced: Bring your current projects and supplies to work on while learning new techniques and using new tools and supplies to enhance your pages!

Understanding the Middle East

Margaret Folcarelli (First class 2/27)

Mondays 7:45-9pm; 10 weeks; \$75 fee

The instructor will review a basic history of the region, in order to examine the events that are happening today. The course will explore the current events in the region, as well as explore the demographics, and politics of the region. The goal of the course will be to provide the students with basic knowledge for discussion of media in class. We will discuss newspaper articles, and different aspects of media coverage of the current events.

Manage Stress Through Yoga & Meditation

Kanchan Banerjee (First class 2/28)

Tuesdays 6:30–7:30pm; 6 weeks; \$85 fee

Round out your fitness program with the health benefits that Yoga provides. Energizing and relaxing, you'll practice breathing, poise, balance, and meditation, while increasing flexibility, concentration, and vitality.

Discover Yourself Through Yoga

Kanchan Banerjee (First class 2/28)

Tuesdays 7:45–9pm; 8 weeks; \$105 fee

Exercise to Discover-Your-Self, learn yoga and achieve the following: enhance your vital energy and empower your creative energy; reduce or eliminate stress; increase your cope-ability; cure and prevent diseases and improve immunity; control the fitness and weight of your body; manage your life, family and job or business in a natural way.

Intermediate French Conversation through Cinema

Judy Planchon (First class 2/28)

Tuesdays 7-8:30pm; 10 weeks; \$85 fee

Did you once study French? Would you like to improve your ability to understand and speak it now? In this course we will have the opportunity to watch French films with English subtitles and to discuss the films and their cultural contexts. Small group activities will help encourage everyone to learn from each other. The teacher has lived in France and taught French at Brookline High School. She currently teaches in the Osher Lifelong Learning Institute at UMass Boston.

Beginners Crochet

Allison Krzanowski (First class 2/28)

Tuesdays 6-9pm; 4 weeks; \$45 fee

In this class students will learn to crochet and create a hat, scarf, and a small afghan. Learn about different size hooks and different weights of yarn; Learn basic stitches; Those who are interested can learn more complicated stitches.

Milton Public Schools
Adult Education Program
25 Gile Road
Milton, MA 02186

Non-Profit Org: U.S. Postage PAID Permit No. 185 Milton, MA

Milton Public Schools Adult Education Program Spring 2012 Course Brochure

Milton Public Schools Adult Education Program Spring 2012 Course Registration Information

Online Registration open now!

Go to www.tinyurl.com/miltonadulted.

Payable by checking account or credit card.

Walk-in Registration Nights

WHEN: Monday, February 13, 2012 6-8 pm
Wednesday, February 15, 2012 6-8 pm

LOCATION: Milton High School Main Office – 25 Gile Rd

*Classes are not held on legal holidays or during school vacation weeks, and may be canceled due to weather. There are no classes when day school is cancelled.

*If you are unable to come to registration please register online or contact the Adult Education program at adulted@miltonps.org

*The views expressed by the instructors do not necessarily represent the views of the Milton Adult Education program.