

Milton School Food Service

March 9, 2010



Breakfast Prices

- Complete breakfast \$1.25

Elementary Schools participates in the Better Breakfast Initiative-Project Bread

Breakfast includes milk, fresh fruit or canned fruit in light syrup and bread/protein component.

Lunch Prices

- Elementary Lunch \$1.75
- Middle School Lunch \$2.00
- High School Lunch \$2.00/\$2.25
 - \$2.25 Fresh made deli bar with Old Neighborhood Thin and Trim cold cuts. Sandwiches made in front of your eyes.
 - \$2.25 Fresh made salad with choice of toppings: Tuna, feta, chicken, eggs, shredded cheese, hummus etc.

Surrounding Towns Data

TOWN:	ELEM LUNCH	HS LUNCH	PREMIUM LUNCH	ELEM BREAKFAST	HS BREAKFAST
NEWTON	\$ 3.00	\$ 3.50		\$ 1.25	
BROOKLINE	\$ 2.50	\$ 2.75	\$ 3.00	\$ 1.25	\$ 1.50
HOPEDALE	\$ 2.50	\$ 2.75	N/A	N/A	N/A
LITTLETON	\$ 2.50	\$ 2.50	\$ 3.50	N/A	N/A
MANSFIELD	\$ 2.50	\$ 2.75		\$2.00	
SHREWSBURY	\$ 2.50	2.75/3.00	N.A.	\$ 1.25	\$ 1.25
UXBRIDGE	\$ 2.50	\$ 2.75	N/A	\$ 1.25	\$ 1.25
WAYLAND	\$ 2.50	\$ 2.75			
UXBRIDGE	\$ 2.50	\$ 2.75			
ARLINGTON	\$ 2.25	\$ 2.95			
COHASSET	\$2.25-\$2.50	\$2.75	\$3.25		
FRAMINGHAM	\$ 2.25	\$ 2.50		\$ 1.25	\$ 1.25
BELMONT	\$ 2.25	\$ 2.75			\$ 1.50
NORTON	\$ 2.25	\$ 2.25	NA	\$ 1.25	NA
ROCKPORT	\$ 2.25	\$ 2.50	\$ 2.50	\$ 1.25	\$ 1.25
SOMERVILLE	\$ 2.25	\$ 2.75		Univ. Free	Univ. Free
WELLESLEY	\$ 2.25	\$ 2.50	\$ 3.00		\$ 1.00
WESTON	\$ 2.25	\$ 2.75	\$ 3.00	N/A	\$1.50 - \$1.75
MEDFIELD	\$ 2.10	\$ 2.50			
BOSTON	\$ 2.00	\$ 2.25		\$ 1.25	

ACT- BOXBOROUGH	\$ 2.00	2.00-2.50	\$ 3.00	n/a	n/a
BLACKSTONE/ MILLVILLE	\$ 2.00	\$ 2.00		\$ 1.00	\$ 1.00
CARLISLE	\$ 2.00				
DEDHAM	\$ 2.00	\$2.25-\$2.50		\$ 1.00	\$ 1.50
DOUGLAS	\$ 2.00	\$ 2.25		\$ 1.25	\$ 1.25
DOVER/SHER BORN	\$ 2.00	\$ 2.75	\$ 3.50	-	-
HINGHAM	\$ 2.00	\$ 2.25	\$ 2.50		
HOLLISTON	\$ 2.00	\$ 2.25	Deli 3.50		
LINCLON	\$2.00				
MAYNARD	\$2.00	\$2.75	\$3.25	\$1.25	\$1.25
MILFORD	\$ 2.00	\$ 2.50		\$ 1.25	\$ 1.25
NEEDHAM	\$ 2.00	\$ 2.25	\$2.75 & \$3.00	N/A	N/A
NORFOLK	\$ 2.00			\$ 1.00	
NORTH ATTLEBOROUGH	\$ 2.00	\$ 2.25			\$ 1.25
WALPOLE	\$ 2.00	\$ 2.25	\$ 2.50		
BEDFORD	\$ 1.75	2.00-2.25	2.75-3.25		
AYER	\$ 1.75	\$ 2.00		\$ 1.25	\$ 1.50
CANTON	\$ 1.75	\$ 1.75	n/a	n/a	n/a

ELEM LUNCH

HS LUNCH

PREMIUM LUNCH

ELEM BREAKFAST

HS BREAKFAST

FOXBOROUGH	\$ 1.75	\$ 2.00	\$ 2.00	\$ 1.50	\$ 1.50
MILTON	\$ 1.75	\$ 2.00	\$ 2.25	\$ 1.25	\$ 1.25
NORWOOD	\$ 1.75	2.00/2.25		\$ 1.00	ala carte
WALTHAM	\$ 1.75	\$ 2.00			
WRENTHAM	\$ 1.75			\$ 1.00	
PLAINVILLE	\$ 1.50				

This Year's Initiatives

- Build a tray at our elementary schools
 - Brings nutrition education into the cafeteria. Children try to take all of their food components to build a complete meal
 - Presented this at PTO this year and was received very well by parents

Allergies

- Developing a spreadsheet to post on line with each main item we purchase or receive from USDA
- Each item will be identified with allergens to help families with children suffering from allergies

Cashier and staff training

- Managers have taken many classes on food allergens. All have completed Serve Safe and Healthy Edge. All five are now certified with the SNA of America
- March 8, 2010 provided training for cashiers and managers on our food and what item has food allergens
- New menu for children struggling with celiac disease and wheat allergies

Point of Sale

- Point of sale program is hugely successful. Most students are using the cashless system. Lines move faster and the children have more time to eat
- Available for breakfast and lunch
- Helps prevent overt identification
- Percentage of free students who receive lunch each day
 - Cunningham/Collicot 83%
 - Glover 89%
 - Tucker 87%
 - Pierce 86%
 - High 78%

New Food Offerings

- *This years goal was to include more orange vegetables and beans as requested by USDA*
- Offerings include:
 - Sweet Potato Bread
 - Sweet potato fries
 - Carrot fries (roasted carrot sticks)
 - Glazed Carrots
 - Gingerbread cookies with sweet potatoes
 - Baked bean casserole
 - Hummus with sun butter
 - Black bean salad
 - Chili with red kidney beans
- Removed peanut butter from all schools substituted with sun butter