

The Milton School Lunch and Breakfast Programs is a federally assisted meal program operating in public and nonprofit private schools. They provide nutritionally balanced, low-cost or free breakfasts and lunches to children each school day. School lunch must meet meal pattern and nutrition standards based on the latest Dietary Guidelines for Americans. The current meal pattern increases the availability of fruits, vegetables, and whole grains in the school menu.

Any child at a participating school may purchase a meal through the National School Lunch Program. Children from families with incomes at or below 130 percent of the poverty level are eligible for free meals. Those with incomes between 130 percent and 185 percent of the poverty level are eligible for reduced-price meals, for which students can be charged no more than 40 cents.

We offer breakfast every school day in all of our schools. Breakfast is free for all REDUCED and FREE students and it is a great way to start the day. Breakfast is \$1.25 for all paid students. These funds can come right out of your students Nutrikids account. Students who qualify for the reduced program pay \$.40 for a complete lunch.

All children come through a computerized Point of Sale system which keeps student information private. All students state their name in elementary school or use a four /five digit PIN number in both middle and high school. Below is the federal income chart to help you understand if your family may qualify for meals assistance.

Households will be notified of their children's eligibility for free meals if they are members of households receiving assistance from: SNAP, FDPIR, TANF. No application is required for free meal benefits as these programs now communicate with schools directly. If any child was not listed on the eligibility notice the household should contact the School Food Service Program and have benefits extended to that child.

Applications are available on the Milton Schools Website at www.miltonps.org, in your child's school's main office and at the Food Service Departments office located at Milton High School, 25 Gile Road, Milton, MA 0286. Contact Jackie Morgan with any questions or concerns at jmorgan@miltonps.org