



11th Annual Milton Monster Dash

5K Run/Walk & Kids' Fun Run

In Memory of Sam Cichello

Sunday
October 25, 2009
Cunningham Park
75 Edge Hill Road
Milton, Massachusetts

11:30 Registration opens
12:30 Costume parade
1:00 5k Start
1:15 Kids fun activities
2:00 Awards

Costumes Encouraged  **DJ**  **Refreshments**

5k Run/Walk

- * Register online via www.active.com
- * Pledges may be collected in lieu of registration fee
- * Prizes for top pledge collections
- * T-shirts to first 300 runners
- * Trophies to top finishers
- * \$20 if registered by 10/15, \$25 10/16 through race day

Kids' Fun Ticket (ages 10 & under)

- * Costume parade & awards
- * Kids run
- * Pumpkin relay
- * Face painting
- * Pumpkin decorating
- * \$7 per child, \$15 family maximum

Monster Dash Registration

Name: _____ 5k Run/Walk Kids' Fun Ticket

Age (on 10/25/09): _____ M or F Email: _____ @ _____

Address: _____

City or Town: _____ State: _____ Zip: _____

Waiver of Liability (*must be signed before participating*): I understand that my participation in this event is voluntary and at my own risk, and that under no circumstances will the Cunningham Foundation, the Town of Milton, the Milton Foundation for Education, volunteers or those connected with this event be responsible for any injury or damage incurred to me or my property. I know of no medical reason that would prevent my safe participation in this event.

Signature of Participant (required): _____ Date: _____

Parent or guardian must sign if under 18 years of age

Please fill out application completely and return with your check made payable to: MFE/Monster Dash
c/o Jeanne Schmidt
4 Franklin Street
Milton, MA 02186-5522

E-mail questions to monsterdash2009@comcast.net

