



# Milton School Food Service Program

March 26, 2014

# CPR Training to all food service staff



30 Food Service staff were trained in choke saving and CPR. A joint effort of Chief John Grant and Fallon Ambulance.



# Farm to School

- Farm to School continues in the Milton School Food Service Program. Purchased \$10,176 this year.
- Ordering in from Food EX which is a new company that sources local food in MA and delivers them on one truck

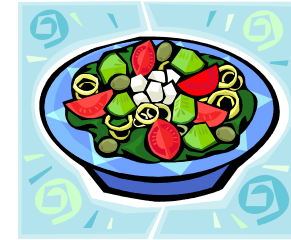


# Children with Allergies



- Nurse notifies food service of all children with allergies
- POS identifies each child that has an allergy
- Meetings are scheduled with parents at their child's cafeteria and parents are given a tour of the facility with the child
- Gluten free meals are now available five days a week at all elementary schools

# 2013-2014 News



- Salad Toss at the high school every Tuesday and Thursday
- Chicken items – Whole muscle. Tenders, patties and boneless wings
- Developed a chicken bid for the state of Massachusetts with the DESE for school year 2014-2015. \$25,000 of entitlement dollars will go toward chicken
- DOD produce. Milton Schools selected for \$11,200 worth of produce from our USDA entitlement dollars



# Nutrition for the Athlete



Pre Game  
Post Game  
Hydration

Three  
interns from  
Framingham  
State  
University

Joint effort  
of the  
School  
Nutrition  
Dept. and  
Athletics



# Breakfast is offered every day in all Six Schools

- Breakfast is \$1.25 and is free for our free/reduced children
- Offered in each school twenty minutes before school starts
- Breakfast cart at the high school has helped us serve over 40 more breakfasts per day with the grab and go feature
- Mailed letters home to all free and reduced students encouraging them to eat breakfast at school
- Daily choices include whole grain muffins, whole grain cereals, whole grain pancakes or whole grain French toast, fresh fruit, 100% juice and milk.
- This year we introduced hot cocoa at the high school to encourage more students to drink milk
- Placed information on all lunch menu's, Superintendent's Email blast and Principals' newsletters

# Iron Chef Jr.







# Iron Chef Jr.



# Iron Chef Jr.

## *Celebrity Judges*

Police Chief Wells, James Jette,  
Mary Gormley, Rep. Walter Timilty,  
Katie Millett DESE,  
Grade 5 student June Padera



# Winning Team Awesome!





**Healthy, Fit and Ready to Learn**

**2014 Legislative Breakfast**

**Thursday, March 20, 2014**

**9:30 – 10:30 AM**

**Nurses' Hall, Massachusetts State House**

**Breakfast and Jr. Iron Chef Demonstration**

*Featuring students from Milton Public Schools*

**Massachusetts Action For Healthy Kids School Grant Recipient**

**Milton Public Schools, Milton, MA**

**New England Dairy Council Grant Recipient**

**Awarded the Pierce Middle School a \$1,850.00 Grant**

**Vita-mix Blender for Smoothies at Breakfast**



# Iron Chef Jr. at the State House



# Iron Chef Jr. met with two of our State Elected officials



Video by Mike Lynch

