

MILTON PUBLIC SCHOOLS  
BULLYING/PEER AGGRESSION

**THINK ABOUT IT**

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**What did you do?**

Please be specific and start with "I."

**What was wrong with this behavior?**

Whom did you hurt? How did you know you hurt them?

**What made you do this?**

What problem were you trying to solve? Did you want attention? Did you want to be left alone? Were you trying to have fun? Were you already mad about something?

**Next time you're feeling this way, how will you act differently without hurting anyone?**