



TRAILSIDE MIDDLE SCHOOL HIKING CLUB

Open to 6th-8th grade youth

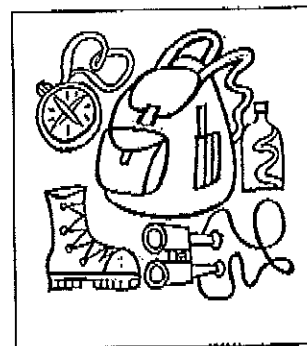
Join us in the Blue Hills Trailside for hiking and nature explorations.

Sundays

November 22

December 6 & 20

2:00-4:00 p.m.



Program Information

- ✦ This is a free program, led by the Eder Family of Milton.
- ✦ Advance registration is required and the program will be postponed if we do not have at least 5 participants.
- ✦ Information requested will be name of participant, emergency contact, email address for information and updates, and any allergies or medical conditions of the participant.
- ✦ The first two hikes will meet at the Blue Hills Trailside Museum and hikes thereafter may be in different local locations.

What To Bring

- ✦ Shoes appropriate to hiking-comfortable, close-toed and heeled; crocs are not a good choice
- ✦ Full water bottle
- ✦ A light snack
- ✦ An extra layer for your top half
- ✦ Weather dependent clothing including hats, gloves, raincoat, etc.
- ✦ Clothing of a synthetic material is always best for spending time outdoors. Nylon or fleece pants tend to be more comfortable and breathable than jeans.
- ✦ Asthma Inhaler, Epi-pen or any other needed medications

Interested? Email or call Terri Mulks, Education Coordinator

tmulks@massaudubon.org or 617-333-0690 x 227

