

Rachel Simmons is the author of the New York Times bestsellers *Odd Girl Out: The Hidden Culture of Aggression in Girls*, and *The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence*. As an educator, Rachel works internationally to empower young women to be more authentic, assertive and self-aware. Rachel is a Vassar graduate and Rhodes Scholar from New York. The co-founder of Girls Leadership, she is an experienced curriculum writer and educator. She currently develops leadership programs for undergraduates at the Wurtele Center for Work and Life at Smith College, and is the Tylis Family Girls Research Scholar in Residence at the Hewitt School in New York. She has previously worked as a classroom teacher in Massachusetts and South Africa. Rachel was the host of the PBS television special, *A Girl's Life*, and her writing has appeared in the *New York Times*, *Washington Post*, *Atlantic* and *Slate*. Rachel serves on the board of the College Women's Leadership Educators affiliate of the AAUW, and is on the Council of Advisors for the Wellesley Centers for Women. Rachel has appeared on *Oprah* and is a regular contributor to *Good Morning America* and *Time*. *Odd Girl Out* was adapted into a highly acclaimed Lifetime television movie. Rachel lives in western Massachusetts with her daughter.

