

Milton Public Schools COVID-19 Risk Reduction: Face Masks 101

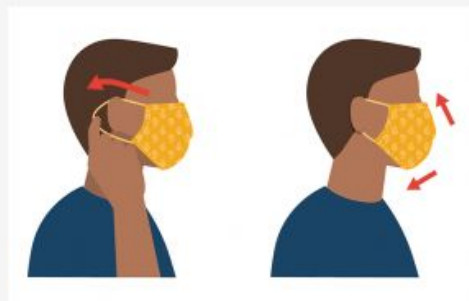
According to the Massachusetts Department of Elementary and Secondary Education's Fall School Reopening Guidance, **all students in Grade 2 or above are required to wear a mask/face covering that covers their nose and mouth.**

MPS is requiring that all students and staff from preschool to 12th grade wear a mask/face covering that covers their nose and mouth.

Below please find guidance from the [US Centers for Disease Control and Prevention](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wear-cloth-face-coverings.html)

Wear your Mask Correctly

- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily



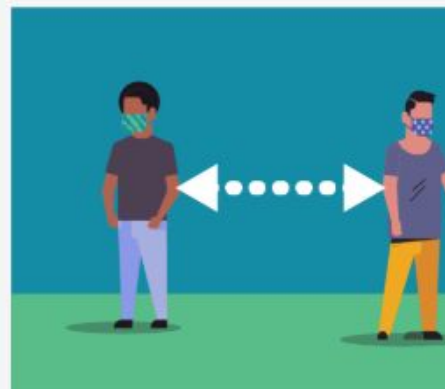
Wear a Mask to Protect Others

- Wear a mask that covers your nose and mouth to help protect others in case you're infected with COVID-19 but don't have symptoms
- Wear a mask in public settings when around people who don't live in your household, especially when it may be difficult for you to stay six feet apart
- Wear a mask correctly for maximum protection
- **Don't** put the mask around your neck or up on your forehead
- **Don't** touch the mask, and, if you do, wash your hands or use hand sanitizer to disinfect



Follow Everyday Health Habits

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



Take Off Your Mask Carefully, When You're Home

- Untie the strings behind your head or stretch the ear loops
- Handle only by the ear loops or ties
- Fold outside corners together
- Place mask in the washing machine (learn more about [how to wash masks](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-masks.html))
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.



Milton Public Schools



For more information and other languages visit:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wear-cloth-face-coverings.html>