Milton Public Schools invites you to an important presentation by the American Foundation for Suicide Prevention:

TALK SAVES LIVES

DECEMBER 5, 2018 AT 7PM MILTON HIGH SCHOOL LIBRARY

Suicide can be prevented. The Talk Saves Lives presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

Please join us at this important presentation.

SPONSORED BY: Milton Public Schools, Milton Commission on Disability, Milton Board of Health and the American Foundation for Suicide Prevention

<u>The American Foundation for Suicide Prevention</u> is dedicated to saving lives and bringing hope to those affected by suicide. AFSP creates a culture that's smart about mental health through education and community programs, develops suicide prevention through research and advocacy, and provides support for those affected by suicide.