

# P A R E N T Speaker Series

Promoting Awareness and Resources for the Emotional Nurturing of Teens



Milton Public Schools and The Milton Substance Abuse Prevention Coalition PARENT Speaker Series is proud to welcome Jane Hardin, M.Ed. presenting:

## Preparing Your Student for a Successful School Year.

- Getting back into the routine
- Transitioning to a new school
- Preparing for the SATs
- College application process
- Scheduling
- Communication
- Friends
- Social media/gaming
- School and family responsibilities
- Sleep

Ms. Harden will discuss ways to help parents and guardians navigate some of the social and emotional challenges that their children and adolescents face on a daily basis. She will discuss strategies and provide concrete examples of how parents/guardians can develop constructive dialogues with their children in ways that foster essential social-emotional skills

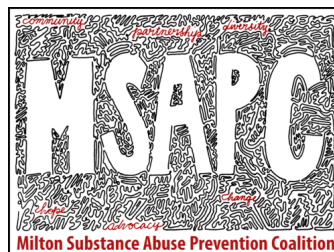
**DATE: Thursday, September 13th**

**TIME: 6:30-8pm**

**LOCATION: Milton High School Auditorium**

**THIS EVENT  
IS FREE.  
Parents, Teachers  
and Community  
Members are  
Welcome to  
Attend.**

The PARENT Speaker Series is made possible with financial support from Beth Israel Deaconess Hospital-Milton, Milton Public Schools, Milton Substance Abuse Prevention Coalition, The Isabel Joyce Piliavin Charitable Trust, Milton Parent Teacher Organizations and Special Education Parent Advisory Council.



Beth Israel Deaconess Hospital  
Milton