

# **CHILD STUDY I**

**Unleveled, 738**

**5 credits**

This course is designed for juniors or seniors wishing to study the growth and development of young children. Course units include parenting and the family unit, prenatal development and birth, brain development, guiding children's behavior, and the developmental stages of the child from infancy to school age. Students also have the opportunity to work with Pre-K children in the on-site laboratory school which involves building observation skills, and planning, preparing and teaching lessons. This course provides a unique opportunity for students who enjoy working with children and perhaps are interested in pursuing a career in education. A CORI check is required for admittance.

---

## **COURSE OBJECTIVES: CONCEPT LIST**

Students will be able to...

1. Recognize the scientific findings that early childhood may be the most important stage of life for a person
2. Identify that childhood is a time of preparation
3. Differentiate between the five stages of development in children
4. Interpret the five ways in which children benefit from play
5. Compare and contrast differences in childhood, past and present
6. Critique changing attitudes, social changes and advances in technology
7. Examine aspects of early brain learning
8. Identify major theorists that have contributed to our understanding of child development
9. Classify the five patterns of development in children
10. Define and debate the concept of nature vs. nurture
11. Identify the role that self-esteem plays in meeting developmental tasks
12. Observe the Pre-K child (4-6 years) in a laboratory school setting (year-long)
13. Discuss the functions of the family
14. Classify the various types of family structures
15. Examine factors comprising open and closed adoption, guardianship and foster care
16. Define the family life cycle
17. Classify family trends in society
18. Critique parenting styles and roles
19. Describe changes and challenges that parenthood brings
20. Define the three basic tasks of parenting
21. Apply effective techniques for encouraging appropriate behavior
22. Identify ways of dealing with misbehavior
23. Identify sources for current events (1 each term)
24. Write an early childhood interest paper following rubric (1 each term)
25. Identify aspects of physical development (age 4-6)
26. Classify small and large motor skills

27. Explain why good nutrition is essential for children ages 4-6
28. Examine ways in which to help children develop good self-care habits
29. Discuss emotional development in children ( 4-6 )
30. Recognize the three major emotions that children experience
31. Debate competition at this stage of development
32. Compare and contrast social and moral development ( 4-6 years)
33. Examine aspects of intellectual development
34. Identify signs of preoperational thinking in children(4-6)
35. List and define types of multiple intelligences
36. Defend the importance of dramatic play in a child's life
37. Distinguish among the three stages of pregnancy
38. Describe development during each stage of pregnancy
39. Explain how personal characteristics are inherited
40. Identify the causes of multiple births
41. Recognize possible options for infertility
42. Contrast miscarriage and stillbirth
43. Identify and explain types and causes of specific birth defects
44. Examine types of prenatal testing
45. Define and discuss the hazards that alcohol and drugs pose to prenatal development
46. Evaluate environmental hazards to avoid during pregnancy
47. Identify the signs and stages of labor
48. Discuss the childbirth choices available
49. Describe a baby's appearance at birth
50. Recognize aspects of the postnatal period
51. Define a newborn's reflexes
52. Illustrate proper handling techniques and care skills
53. Analyze the growth and development of infants
54. Identify activities that develop and support the developing brain the first year
55. Explore areas of special challenge for children