



# Milton Early Childhood Alliance

a program of Discovery Schoolhouse, Inc.

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[www.miltonearlychildhoodalliance.org](http://www.miltonearlychildhoodalliance.org) email: [cpcmecasld@verizon.net](mailto:cpcmecasld@verizon.net)

## "I Can Do It!" Helping Your Child Feel the Power of Independence

Educational Workshop

For families with children ages 2.5 to 4 years old

The transition back to "normal" routines after COVID has posed many challenges for children and adults alike. This workshop will discuss factors that contribute to children's ability to cope with change and offer tips for supporting consistent routines and smooth transitions, including separation anxiety.

**Thursday, December 1, 2022 at 7:00 PM**

Facilitated by Dotty Alexander, Ed.D.,  
Professor of Education, Curry College

This workshop will meet virtually, via Zoom. Registration will be required to receive the Zoom link and passcode.

The registration link is:

**<https://forms.gle/o3cANreTg5znCQmFA>**

**Many thanks to the Milton Junior Woman's Club for  
their generous support of this program!**



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