



Milton



Youth Football & Cheerleading

www.myfcwildcats.com

FOOTBALL

Tackle Football

- Prime focus placed on player safety
- Practices concentrate on instilling focus, discipline, and the importance of teamwork
- Challenging workouts provide confidence that the athlete is able to accomplish more than they thought they could
- Grade based teams starting in 2nd grade through 8th
- Playbooks based on Milton HS plays, created with the assistance of Coach Dembowski
- Coaches required to take courses prior to taking field in both coaching and injury prevention courses
- Equipment constantly being upgraded

CHEER

- Cheerleaders learn teamwork, discipline, confidence, and spirit
- Promotes fitness, coordination, concentration, and listening skills
- Fully intergrated with Wildcat Football offering everyone the opportunity to be a part of the Wildcat Family
- Cheerleaders practice weekly and cheer at all games throughout the season
- Participation in competitions throughout the season

Flag Football

- Integrated Flag Football program for grades 1-4

Limited Registrations Available
To Register Visit www.myfcwildcats.com

For information please email:
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