



# Parent Handbook

(Subject to change) Important Info, please read carefully

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#### WELCOME

We are very excited to another summer at Camp Cunningham (CC). Our camp philosophy is to ensure that each child experience growth and success in a safe, well supervised, nurturing environment. We place all our emphasis on Values, Respect, Fairness and Acceptance!

#### **OUR STAFF**

Camp is supervised daily by a camp supervisor and/or assistant supervisor, who both have extensive training and are very experienced working with children. All staff has a CORI/SORI on file and has experience working with children. Our counselors will be First Aid and CPR Certified and will attend all camp related trainings including safety.

#### **STAFF TO CHILD RATIOS**

Campers are grouped accordingly by grade. Campers in different grades will not be combined in same group, even if requested. Each group has a lead and junior counselor. Groups are generally 10 to 14 campers.

Campers entering 1 -2 grades 1:5 ratio Campers entering 3 -6 grades: 1:7 ratio

#### **ARRIVAL POLICY**

- **NON-REGISTERED CHILDREN.** Under no circumstances, will children not registered be accepted to camp. No exceptions will be made.
- **REGULAR CAMP STARTS AT 8:30AM**. Attendance is taken every day at 8:55am. All children are expected to be at camp according to the session(s) they are registered for, unless you have notified supervisor otherwise.
- EARLY ARRIVAL STARTS AT 7 AM. If you have not signed up for early arrival and need to use it occasionally, you may request it to supervisor. Fee is \$15.00 per day/camper to drop your child off before 8:30. Please make sure to notify supervisor 24 hrs in advance for staffing purposes.
- NO CHILD MAY ARRIVE AT CAMP PRIOR TO 7:00 AM. This policy will be strictly enforced. There is no supervision before this time. Camp Cunningham will not be held responsible for any child before their scheduled arrival.
- LATE ARRIVALS: If your child is arriving at a different time, please notify supervisor as soon as possible. Precious time is wasted when supervisor needs to make phone calls checking on each child that has not arrived to camp on time. Children arriving late to camp will remain in the cafeteria until their next activity with their assigned group. All activities are staffed and planned according to the number of campers in each group. Please be mindful that arriving late might affect your child's experience at camp.
- **ABSENCES**: Please call/text the program cell phone 617-304-6265 to report absences
- **DROP OFF AT CUNNINGHAM PARK OR OFF-SITE IS NOT ALLOWED**. You must check your child in at the CU cafeteria at the rear of the building through door #19. Signature is required.
- ALL CAMPERS <u>MUST</u> BE WALKED INTO CAFETERIA. Please make sure your child is signed in and check in with a staff member when you do so.



## DISMISSAL/PICK UP POLICY

At Camp Cunningham our priority is the safety of our campers. For that reason, we are following guidelines established by Milton Public Schools' Security Committee.

- **SAFETY:** Children will only be dismissed to the person designated by the parent/guardian on our records. Any changes must be sent in writing in advance.
- VALID ID IS REQUIRED AT PICK UP. Per Milton Public Schools policy, authorized person(s) to pick up, MUST show a valid ID. Campers are not allowed to dismiss themselves and walk home even with consent from parents.
- **PICK UP AT CUNNINGHAM PARK OR OFF SITE IS NOT ALLOWED.** All campers must be signed out from the cafeteria at the Cunningham school.
- AUTHORIZED DESIGNEES TO PICK UP: If you need to have someone else than the authorized people to pick up your child; please call, leave a message or text 617-304-6265. Make sure to provide us with full name of the person picking up and they should be prepared to show an ID.
- LATE FEES: Pick up times are promptly at 3:30pm for regular day, 5:30pm for extended. Camp closes at 5:30pm. Late fee policies will be charged for lateness and chronic lateness may be cause for your child's dismissal from camp. Fee is \$1.00 per minute, per child with no cap. Late fees are payable to the closing supervisor upon pick up.
- **AFTER YOUR PICK UP TIME,** if we have not heard from you and cannot reach an emergency contact, we reserve the right to call the Milton Police Department.
- OCCASSIONAL USE OF EXTENDED DAY: You may use an occasional extended day with 24. Hrs in advance notice. Extended day fee is charged at \$20.00/day/camper, payable upon pick up.

**NOTE**: Camp Cunningham is staffed according to camper's registered pick up times. Notice requests for extended day options will not be accepted in less than 24 hrs.

## OUR CAMP DAY - 8:30AM-3:30PM

Activities start once attendance is taken at 8:55am. Each day, on site, will begin with a group meeting followed by rotating activities such as; *swimming, dancing, arts and crafts, STEM club, cooking, sports and outdoor time*. Lunch time will be at 12:00 pm followed by outdoor recess if weather allows it. Some afternoons when it gets too hot, campers might return to the pool. Rotating structured activities will continue between 1:00 and 3:30pm, either on-site or at Cunningham Park. All campers will be brought back to the cafeteria for the 3:30pm dismissal. If you plan to pick up your child at an earlier time, please notify supervisor and/or allow extra time.

## **ADDITIONAL OPTIONS:**

## • Extended Day Program – 3:30-5:30pm

After a busy and tiring day, the extended day program will have a more relaxed atmosphere. Children will enjoy a variety of activities on site such as; *Go Noodle time, reading, computer club, board games, outdoor/gym activities and crafts*. We may also watch an occasional PG rated movie.

• Early Arrival Camp – 7:00-8:30am Campers are welcome to bring their breakfast. During this time, campers can access a variety of board-card games, drawing and reading time. We encourage campers to bring their favorite books!





#### SWIMMING AT CUNNINGHAM POND

Swimming at Cunningham Pool/Pond is part of CC daily schedule. Registration and pool tags are essential to participate in our daily activities. Campers cannot be accepted at camp without pool tags. Camp Cunningham is subject to Christian's Law, 105 CMR 432.000. All campers are required to perform a swim test to classify their ability. Swim tests are performed at the beginning of each bi-weekly session. Non-swimmers must wear PFDs as provided by Camp Cunningham. For more information, please visit: https://www.townofmilton.org/sites/miltonma/files/uploads/christians\_law.pdf

#### Pool tags are sold online and at Cunningham Hall Swimming lessons are also available through Cunningham Hall Please call 617.696.3263 for more information

#### **OPTIONAL ACTIVITIES**

Camp Cunningham offers optional extra fee activities at discounted rate to campers registered and participating in the program such as Showtime and Karate Camps. Sibling Discount does not apply.

#### **FIELD TRIPS:**

- Field Trips are optional and at extra cost in addition to the camp tuition. Spaces are limited and available on a first come, first served basis.
- Cancellations must be made before April 15.
- Each camper registered for field trip(s) will receive a CC T Shirt which must be worn on all field trips. If your child loses their shirt or you wish to purchase an extra one the cost is \$20.00.
- Field trip days are scheduled weekly. You will receive an itinerary schedule before each trip. All trips will depart on time and will not wait for anyone. Any unforeseen circumstances, if we need to cancel a trip, we will arrange alternate plans.
- Please pack lunch in disposable containers, labeled paper bags for easy transport.
- Buses are scheduled to return to camp before or by 3:30PM, but unforeseen traffic or bathroom stops may cause delays.
- We do not allow children to bring money for field trips. Field trip costs are included in the fee.
- Due to safety concerns, no Campers will be allowed to be picked up during a field trip.

#### DRESS YOUR CHILD ACCORDINGLY

- Please make sure your child wears comfortable shoes to run and play. Please no Flip Flops and/or CROCS. We have experienced several injuries caused by the wooden chips in the playground piercing through flip flops and CROCS very easily.
- Please have your child arrive in a bathing suit (that is easy for them to change) and wear camp friendly clothing. They will be cooking, creating art, running, playing sports, outdoors and on the play structure.
- Please provide your child with a spare of clean and dry clothes.



#### THINGS TO BRING TO CAMP

Please label your child's items. While we have counselors assisting, we encourage campers to be responsible for their belongings. Camp CU is not responsible for lost or stolen property brought to camp. Please bring:

- Swim Suit ON
- Backpack and extra bag for wet clothes
- Towel
- Pool Tag attached to bathing suit
- Clean/Dry Extra Clothing
- Sun block, hats, clothing to protect your child from sun
- Comfortable shoes to run
- Lunch and extra snacks
- Water bottle
- Books
- A good attitude and a smile

#### THINGS TO LEAVE AT HOME

We want your child to have the best experience at CC. There are plenty of fun, engaging and skill building activities. Please leave at home:

- Cell phones, I-pads, smart watches (will be confiscated and return to parents at pick up)
- Handheld Electronic Games, video games (will be confiscated and return to parents at pick up)
- Toys
- Money on field trip days
- Clothing that may be offensive to campers and staff

#### LOST AND FOUND

Please label your child's belongings. A lost and found bin will be placed by the pick-up area. Any unclaimed items will be donated at the end of camp. All medications MUST be picked up at the end of your child's camp session. Any unclaimed medications will be disposed properly at the end of camp.

#### FOOD AND WATER

- Camp CU DOES NOT provide meals or snacks. We have special activities such as cooking, movies and popcorn, celebrations where some foods/snacks might be provided. Please inform the supervisor of any allergies or dietary sensitivities. The health and safety of your child is our first priority.
- Please provide your child with a LABELED water bottle. Water fountains are available for refill.
- Make sure to send lunch and plenty of snacks. Campers are very active throughout the day. Refrigeration to keep lunches cold will be provided. Please do not send any food that requires heating up.
- On field trips please pack lunches in a plastic/paper bag and disposable containers



## SUNSCREEN POLICY

Please provide your own sunscreen and apply before dropping off. We do not encourage children sharing sunscreen; some campers might have skin sensitivities. Counselors are not allowed to apply sunscreen. We have a nurse on site if your child needs help to repeat application. Please speak to our nurses if you have any questions or concerns.

### SICK CAMPERS -COMMUNICABLE DISEASES POLICY

Please do not send your child to camp when he or she is sick. Children who have been sick and are on antibiotics will need to be on them for 24 hrs. before returning to camp.

Exclusion policy for serious illnesses, contagious disease, reportable diseases to Board of Health Policies are as developed by Milton Public Schools.

Children who are determined to be seriously ill, or who have communicable diseases will not be allowed to participate. Contagious and serious diseases will be reported to the Milton Board of Health by the Camp Cunningham Nurse and/or Director. Such report will include the name and home address of any individual in the camp known to have or suspected of having such disease. Until action on such case has been taken by the camp health care consultant, strict isolation will be maintained.

#### **MEDICATION ADMINISTRATION POLICY**

If your child requires medication during camp hours, including emergency medications such as inhalers and epi-pens' you must provide us with the information below.

- 1. Written order form from a licensed health care provider
  - o Child's Name
  - o Diagnosis
  - Name of drug, dosage, frequency, time, route of administration, specific instructions
  - Date of order and discontinue date
  - For short term prescriptions (10 days or less) a pharmacy labeled container may be used instead of written order.
- 2. Written authorization from parent/guardian, can be found here: https://www.miltonps.org/application/files/6115/4666/0478/Med Consent MCS NEW.pdf

A signed permission form from the parents and physician must be on file before any medication is administered. We cannot administer any medication without a medication consent form on file signed by your child's physician.

- Emergency telephone number
- Emergency contact person
- o List of medications child is currently receiving
- Known allergies to food or medication

**NOTE**: Campers with prescribed medication such as inhalers, epi-pens and any emergency meds, MUST have NON-EXPIRED medication, consent and the complete information above to be able to participate. Please understand the health and safety of your child is our first concern. Camp Cunningham reserves the right to deny access in this voluntary program.



#### **FIRE/EVACUATION DRILLS**

Per license purposes, fire and evacuation drills will be conducted at the beginning of each session. Please inform supervisor if you have any questions and/or concerns.

#### **BEHAVIOR POLICY**

Camp CU encourages positive behavior that allows for a safe environment for all students. Participation in the program is subject to students demonstrating good behavior; is a privilege not a right which can be taken away if not in good standing, in the discretion of the Camp Director.

- Everyone wants to have fun at camp! Sometimes inappropriate behavior can complicate the process. Since children are with us for 7 – 11 hours a day we recognize we are an influence in your child's personal development
- All campers are expected to abide by the rules of camp, follow the instructions given by the staff, behave in a proper manner and be kind to other campers. The staff has the duty to take action in the case of any inappropriate behavior and to notify the camper's parents when necessary
- We believe a counselor's role is to help your child grow towards self-discipline and self- direction. We will use a cool down time as a means of allowing the child to calm down and talk to them. If two or more children are involved, a conflict resolution practice will be used
- In the case of a significant disruption caused by a child's behavior, the parent/guardian will be contacted by phone and may be asked to remove the student for the remainder of the day.
- For continued behavioral issues, camper may be suspended temporarily or permanently removed from the program. A child may be immediately dismissed from the program if the child's behavior is determined to be detrimental to the child or the well-being of others.
- The Community Schools Director may take further action based on the severity of the incident, including but not limited referring to the school district superintendent

MCS Behavior Policy: https://www.miltonps.org/application/files/9915/4665/7570/BEHAVIOR\_POLICY\_Revised\_Final.pdf

#### Extra! Extra!

Please check Camp CU Bulletin and Newsletter Board frequently for updates, schedule changes and upcoming events.

#### **Contact Information**

Camp Cell Phone: Camp CU Supervisor – Susan Gionfriddo – Assistant Supervisor – Cullen McMurray –

617-304-6265 sgionfriddo@miltonps.org cmcmurray@miltonps.org



Camp Cunningham Address

Cunningham School 44 Edge Hill Rd. Milton, MA 02186

"Sun 9s Shining. Weather 9s Sweet. Make You Wanna Move Your Dancing Feet" -Bob Marley-

This camp must comply with regulations of the MA Dept. of Public Health, 105 CMR 430.000 and be licensed by the Milton Board of Health. Information on 105 CMR 430.000 can be obtained at 617-983-6761. Parents have the right to review background check, healthcare, discipline policies and grievance procedures upon request.

# **Scheduled Events & Trips**

\*Schedule Subject to Change\*

# SESSION 1 –June 29-July 10

Monday, 06/29	Session 1 Starts. Please allow 10-15 minutes for check-in, questions
Wednesday 07/01: Friday 07/03:	Ward's Berry Farm All grades \$25.00/camper. Limited space NO CAMP
Wednesday 07/08:	STARLAND All grades \$35.00/camper. Limited space
Friday 07/10:	<b>CREATURE TEACHERS</b> Free and open for campers participating in session 1

# **SESSION 2 - July 13-24**

Monday, 07/13	Session 2 Starts. Please allow 10-15 minutes for check-in, questions
Wednesday 07/15:	<b>LEGOLAND</b> All grades \$25.00/camper. Limited Space
Wednesday <b>07/22:</b>	Edaville RailROad All grades \$40.00/camper. Limited Space
Friday 07/24:	Showtime Showcase Free and open for campers participating in session 2
Week 1: July 20-24	Jim Moonan's ShowTime! Cost: \$40.00 per camper/per week. Limited space
Week 1: July 13-17	<b>Kazate Camp 2020</b> Cost: \$160.00 for campers attending CC same weeks

# SESSION 3 - July 27- Aug. 7

Monday, 07/27 Tuesday <b>07/28</b> :	Session 3 Starts. Please allow 10-15 minutes for check-in, questions <b>PIRATE CRUISE SHIP</b> 1st & 2nd grades. \$30.00/camper. Limited Space
Wednesday <b>07/29</b>	<b>Tree Top Adventures</b> 3rd-6th grades \$45.00/camper. Limited Space
Friday 07/31:	<b>Showtime Showcase</b> Free and open for campers participating in session 3
Tuesday 08/04:	<b>Boston Children's Museum</b> All grades \$25.00/camper. Limited Space
Friday 08/07:	Exciting Science Through Invention Free and open for campers participating in session 3
Week 2: July 27-31	Jim Moonan's ShowTime! Cost: \$40.00 per camper/per week. Limited spaces
Week 2: Aug. 3-7	Karate Camp 2020 Cost: \$160.00 for campers attending CC same weeks

# SESSION 4 - Aug. 10-14

Monday, 08/10:	Session 4 Starts. Please allow 10-15 minutes for check-in, questions
Wednesday 08/12:	Launch Trampoline Park All grades \$35.00/camper. Limited Space
Friday 08/14: <b>08/14:</b> C	CU PARTY Free and open for campers participating in last session

## Meningococcal Disease and Camp Attendees: Commonly Asked Questions

#### What is meningococcal disease?

Meningococcal disease is caused by infection with bacteria called Neisseria meningitidis. These bacteria can infect the tissue (the "meninges") that surrounds the brain and spinal cord and cause meningitis, or they may infect the blood or other organs of the body. Symptoms of meningococcal disease can include fever, severe and constant headache, stiff neck or neck pain, nausea and vomiting, and rash. In the US, about 350-550 people get meningococcal disease each year and 10-15% die despite receiving antibiotic treatment. Of those who survive, about 10-20% may lose limbs, become hard of hearing or deaf, have problems with their nervous system, including long term neurologic problems, or have seizures or strokes.

#### How is meningococcal disease spread?

These bacteria are passed from person-to-person through saliva (spit). You must be in close contact with an infected person's saliva in order for the bacteria to spread. Close contact includes activities such as kissing, sharing water bottles, sharing eating/drinking utensils or sharing cigarettes with someone who is infected; or being within 3-6 feet of someone who is infected and is coughing and sneezing.

#### Who is most at risk for getting meningococcal disease?

People who travel to certain parts of the world where the disease is very common, microbiologists, people with HIV infection and those exposed to meningococcal disease during an outbreak are at risk for meningococcal disease. Children and adults with damaged or removed spleens or persistent complement component deficiency (an inherited immune disorder) are at risk. Adolescents, and people who live in certain settings such as college freshmen living in dormitories and military recruits are at greater risk of disease from some of the serotypes.

#### Are camp attendees at increased risk for meningococcal disease?

Children attending day or residential camps are **not** considered to be at an increased risk for meningococcal disease because of their participation.

#### Is there a vaccine against meningococcal disease?

Yes, there are 2 different meningococcal vaccines. Quadrivalent meningococcal conjugate vaccine (Menactra and Menveo) protects against 4 serotypes (A, C, W and Y) of meningococcal disease. Meningococcal serogroup B vaccine (Bexsero and Trumenba) protects against serogroup B meningococcal disease, for age 10 and older.

#### Should my child or adolescent receive meningococcal vaccine?

That depends. Meningococcal conjugate vaccine (Menactra and Menveo) is routinely recommended at age 11-12 years with a booster at age 16. In addition, this vaccine may be recommended for children with certain high-risk health conditions, such as those described above. Otherwise, meningococcal vaccine is **not** recommended for attendance at camps.

Meningococcal serogroup B vaccine (Bexsero and Trumenba) is recommended for people with certain relatively rare high-risk health conditions (examples: persons with a damaged spleen or whose spleen has been removed, those with persistent complement component deficiency (an inherited disorder), and people who may have been exposed during an outbreak). Adolescents and young adults (16 through 23 years of age) who do not have high risk conditions **may** be vaccinated with a serogroup B meningococcal vaccine, preferably at 16 through 18 years of age, to provide short term protection for most strains of serogroup B meningococcal disease. Parents of adolescents and children who are at higher risk of infection, because of certain medical conditions or other circumstances, should discuss vaccination with their child's healthcare provider.

#### How can I protect my child or adolescent from getting meningococcal disease?

The best protection against meningococcal disease and many other infectious diseases is thorough and frequent handwashing, respiratory hygiene and cough etiquette. Individuals should:

- 1. wash their hands often, especially after using the toilet and before eating or preparing food (hands should be washed with soap and water or an alcohol-based hand gel or rub may be used if hands are not visibly dirty);
- 2. cover their nose and mouth with a tissue when coughing or sneezing and discard the tissue in a trash can; or if they don't have a tissue, cough or sneeze into their upper sleeve.
- 3. not share food, drinks or eating utensils with other people, especially if they are ill.
- 4. contact their healthcare provider immediately if they have symptoms of meningitis.

If your child is exposed to someone with meningococcal disease, antibiotics may be recommended to keep your child from getting sick.

You can obtain more information about meningococcal disease or vaccination from your healthcare provider, your local Board of Health (listed in the phone book under government), or the Massachusetts Department of Public Health Division of Epidemiology and Immunization at (617) 983-6800 or on the MDPH website at <a href="http://www.mass.gov/dph">www.mass.gov/dph</a>.

Provided by the Massachusetts Department of Public Health in accordance with M.G.L. c.111, s.219 and 105 CMR 430.157(C). Massachusetts Department of Public Health, Division of Epidemiology and Immunization, 305 South Street, Jamaica Plain, MA 02130 Updated March 2018