

## **Important Information:**

The following classes are available for students registered and participating at ASE at the moment of registration. Spaces are limited; registration is in person on a first come/first served basis. Classes will begin the first week of October. Students must be registered for ASE on the day class takes place. No refunds or credits will be issued after October 5.

Registration:
Monday Sept. 24 & Tuesday Sept. 25
4:00-6:00pm
Gym Door #10

Please make checks/money orders payable to <u>Milton Community Schools</u>.

No cash debit/credit cards are accepted on site.

No Bake Cooking- ASE Staff

Grades K-5

10 Mondays- Oct 1 to Dec. 17 Fee: \$20.00

<u>Grades K-1</u> 3:30-4:30pm <u>Grades 2-5</u> 4:30-5:30pm

11 Wednesdays- Oct 3 to Dec. 19 Fee: \$22.00

<u>Grades 2-5</u> 3:30-4:30pm Grades K-1 4:30-5:30pm

Students will experiment with a variety of ingredients, flavors and textures. Children will prepare simple and safe dishes that will allow them to get their hands dirty!

Please confirm that supervisors and instructors are aware of any food allergies your child may have when you register. *Students must be registered for ASE on Mondays or Wednesdays\** 

**GYMNASTICS-***East Coast Mobile Gymnastics*<u>Grades K-2</u>

**10 Tuesdays**- Oct 1 to Dec. 4- Fee: \$150.00

3:30-4:30pm & 4:30-5:30pm

Experienced, professional instructors teach students routines involved in Vaulting, Tumbling, on Bars and on the Balance Beam. They will also practice locomotive skills for the development and improvement of general coordination. Mastering physical skills helps develop self-confidence and independence. Classes will have an 8:1 student-to-instructor ratio

Students must be registered for ASE on Tuesdays\*

Phone: (617) 696-5040 ext.5544



**NEW-Super Soccer Stars-** SSS Instructor **12 Tuesdays-** Oct 1 to Dec. 17 Fee: \$132.00

<u>Grades K-1</u> 3:30-4:30pm <u>Grades 2-5</u> 4:30-5:30pm

At Super Soccer Stars, we use the soccer ball as the

vehicle to

help children not only improve their soccer skills, but also develop self-confidence, improve gross motor skills, hone socialization kills, and more. Dynamic, local and international coaches work with small groups of boys and girls to develop these skills and teamwork in a fun, non-competitive, educational environment.

Students must be registered for ASE on Tuesdays\*

Nature Explorers- Mass. Audubon

Grades K-3

**10 Wednesdays**- Oct 3 to Dec. 12 Fee: \$175.00

3:30-4:30pm



Experience the wonders of nature and science with Mass Audubon's Blue Hills Trailside Museum. Find out about the animals, rocks, stars, and plants that can be seen in your own backyard. You'll visit with some of the wild animals from the museum, try new activities, and enjoy some old favorites. Investigate through hands on exploration, active learning, creative play, and craft projects. Finish the session with a field trip to the Blue Hills Trailside Museum.

Students must be registered for ASE on Wednesdays\*

Chess Club – David Vigorito

Grades 1-5

**10 Thursdays** Oct. 11-Dec. 20 – Fee: \$150.00

4:30-5:30pm



Learn Chess with a Master! International Chess Master (IM) David Vigorito, the 2016 Massachusetts State Champion and one of the top chess teachers and players in the country, offers classes for Milton students of all levels. Students must be registered for ASE on Thursdays\*

KARATE 1-5 grades: ONGOING CLASSES THROUGHOUT YEAR. PLEASE SEE FLYER ATTACHED.

If you have any questions, please contact ASE Supervisors:

Glover K-1 Deborah Mullins dmullins@miltonps.org 617.216.2355

Glover 2-5 Ginger DeCristoforo gdecristoforo@miltonps.org 617.799.7680

Martha Sandoval
Milton Community Schools Director msandoval@miltonps.org

## MILTON COMMUNITY AFTER SCHOOL JA SHIN DO/TAE KWON DO MARTIAL ARTS PROGRAM TO ALL JA SHIN DO STUDENTS AND PARENTS:

Welcome back to all our former students and new students. This years' program will be as exciting as previous years. We will be concentrating on improving every student's martial art technique, self-discipline, strength, concentration and awareness. It is recommended that students attend more than one class per week in order to improve their technique and retain what has been instructed in class.

Class Schedules: Tuesday: @ Tucker Gym 3:30 - 5:30 PM

Wednesday: @ Cunn/Coll 3:30 – 5:30 PM

Thursday: @ Glover Gym 3:30 – 5:30 PM

Saturday: @ Glover Gym 9–10(Beginners) 10-11(Int.) 11-12(Advanced)

**CONTINUED THIS YEAR**: MIDDLE AND HIGH SCHOOL STUDENTS' CLASS, THURSDAY WITH MR. MIKE @ GLOVER GYM 4:00-5:30 PM **PLEASE REGISTER WITH KWAN JANG NIM MS. CAMILLE.** 

Our BLACK traditional middle weight student uniform is required and can be purchased at any class for \$39.99

**Sparring Gear** is required for all White/Stripe and Higher belts and can be sized and ordered with Ms. Camille on Saturday after the 9AM class.

Please indicate your child's uniform size and return form with enclosed check made out to *Camille McNamara*. *Email: Herbalart1@aol.com* 

Follow us on Facebook for news & updates:	McNamara Style Ja Shin Do
SCHOOL	UNIFORM SIZE:
STUDENT'S NAME:	

Kwan Jang Nim Camille Mr. Mike McNamara

Master Instructor Grand Master