

December Students of the Month

GRADE 6

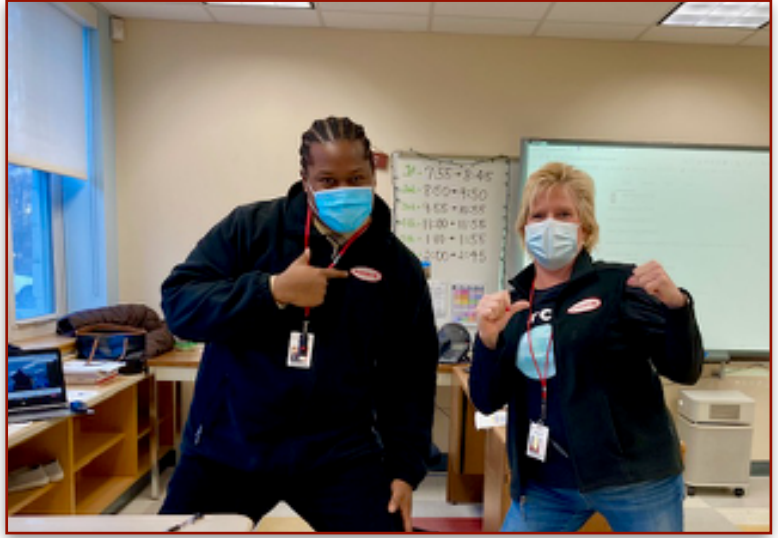
- Aidan Leschuk
- Alexandra Drane
- Amelia Ejigu
- Caleb Williams
- Camilla Abboud
- Charlotte Hegarty
- Chisom Unamka
- Chloe Bergeron
- Elijah Etheart
- Grace Fernald
- Joey Cicerone
- Jules Repko
- Kendra Oppong
- Lauren Donovan
- Liam McKinney
- Molly Sutphin
- Noah Tran
- Sagine Phillippe
- Samara Solomon-Sanneh
- Siun Salmon
- Sophie Derwinski
- Willa McClutchy

GRADE 7

- Anthony Dragone
- Bella Hadden
- Brodi Taylor
- Colby Schleicher
- Cullen Morrissey
- Daniel Lee
- Griffin Angus
- Isabella Alba
- Jack McCourt
- Jenson Bushell
- John Dorsey
- Jordan Munsey
- Katherine Shaw
- Lilly Babb
- Luke Bushell
- Mario Mardy
- McCaye Malin
- Melina Zullas
- Miles Fergus
- Orla Crosse
- Sara Labbe

GRADE 8

- Abigail Cherry
- Arielle Payton
- Colin Glazer
- Declan Shea
- Dorian Abraham
- Emily Drane
- Finn Rafferty
- Gisele Dimanche
- Kelsey Colandreo
- Leif Harris
- Mairead O'Brien
- Nicholas Gray
- Nina Onyiriuka
- Odia Lyamu
- Reilly Bergin
- Sebastian Mann
- Timmy Cross
- Victoria Rooney
- Vincent Osazee
- William Doyle



Mr. Green and Ms. McGrath sporting their Pierce gear.



Practicing mindfulness and compassion helps us better manage difficult emotions and experiences. Challenges can be hard but are also a normal part of life. Learning how to accept this allows us to see things more clearly and helps us to cope in healthy ways. You can practice mindfulness everyday by:

- Being kind and caring with yourself and others
- Focusing your attention on what is happening here and now instead of what has happened in the past or what might happen in the future
- Approaching life and all it's experiences with curiosity and openness

Click [HERE](#) to watch a video to help get you started on learning how to pay attention on purpose, with kindness and to live in the present moment.

Please remember, your Pierce Adjustment Counselors are here for you if you need us. Have a wonderful week!

- Kelly Dearing, kdearing@miltonps.org
- Myriam Francoeur, mfrancoeur@miltonps.org
- Kara Sheridan, ks Sheridan@miltonps.org



Students in Ms. McEvoy's health class created posters highlighting an advocate who inspired them to use their own voice and perform acts of kindness.

Kindness Inspired by MLK Jr. by Jack Concannon



On Martin Luther King Jr. Day, I made care packages for the poor and the homeless. Some of the stuff in the care package were toothpaste, toothbrush, shampoo, conditioner, body soap, and tissues.



Martin Luther King

Martin Luther King was known for advocating for civil rights in a nonviolent way. One of his most famous quotes were, "Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that." King led marches for basic civil rights like labor rights, desegregation and rights to vote. On October 14th 1964, King won the Nobel Prize for his advocacy work for racial equality and civil rights. King inspires me because, as a black person in a world where racism still exists, I have to be brave by standing up for myself and others and educating people about the negative impact of racism. - Bosa Mwosa



Martin Luther King, Jr.

Danny Drozdick



"Now is the time to make justice a reality to all of God's children."
I am inspired by his message of peace and equality for all.

- Born in Atlanta, Georgia, in 1929
- 4 children
- Leader of civil rights movement.

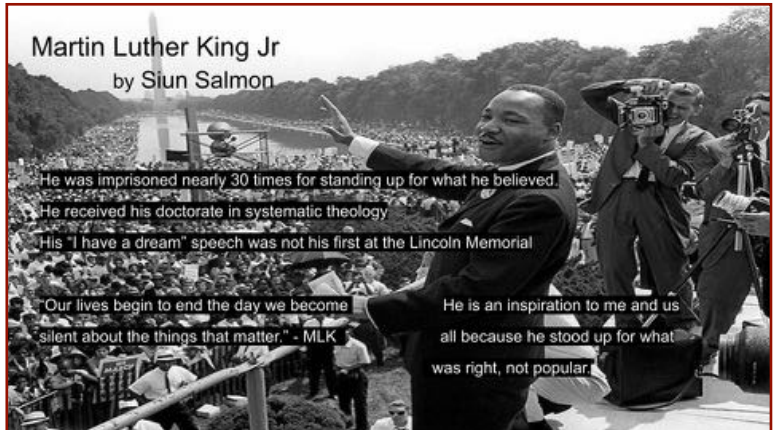
Martin Luther King Jr

by Siun Salmon

He was imprisoned nearly 30 times for standing up for what he believed.
He received his doctorate in systematic theology.
His "I have a dream" speech was not his first at the Lincoln Memorial.

"Our lives begin to end the day we become silent about the things that matter." - MLK

He is an inspiration to me and us all because he stood up for what was right, not popular.



HELPFUL RESOURCES

Ms. Jaquette - Gr. 6 Guidance Counselor
• ajaquette@miltonps.org

Ms. Veldran - Gr. 7 Guidance Counselor
• lveldran@miltonps.org

Ms. Benjamin - Gr. 8 Guidance Counselor
• ebenjamin@miltonps.org

Having Technology Issues? Click [HERE](#) to access the MPS Technology Website

Adjustment Counselors' Google Classroom Code luzd6uw

Ms. Perry - School Nurse
• bperry@miltonps.org or 617-696-4575

Marti McKenna, Family Outreach Liaison
• mmckenna@miltonps.org or 617-980-7343