

Spirit Week Is Here!

Monday, 12/14
Pajama Day

Tuesday, 12/15
Rainbow Day

Wednesday, 12/16
Sports Day

Thursday, 12/17
Crazy Hat/Wig Day

Friday, 12/18
Milton Pride Day

Monday, 12/21
Crazy Mask Day

Tuesday, 12/22
Ugly Sweater Day

Wednesday, 12/23
Ugly Sweater Day



Private School Application Process

Please give your child's guidance counselor and teachers **AT LEAST 3 weeks notice** if you are applying to a private school in order to give them time to thoughtfully complete the necessary paperwork. Your initial contact to guidance counselors/teachers should be through an email, phone call or through your child. Please do not just send an email through the school portals. Guidance counselors and teachers will not submit records and recommendations unless they hear from you directly. Click [HERE](#) to read the full private school application process.



SOCIAL & EMOTIONAL WELL-BEING

Getting a good night's sleep is one of the most important things we can do to take care of ourselves. Many of us know that sleep is essential to our physical health. It boosts our immune system to help our bodies fight illness, helps us maintain a healthy weight and keeps our hearts strong. In addition to the physical benefits of sleep, our thinking and emotional well-being are also impacted by the amount of rest we get each night. A good night's sleep helps us to think more clearly, better manage our emotions and boosts our energy levels so we are able to do all the things we want and need to do the next day. Unfortunately, sometimes we struggle getting the sleep our bodies and minds require. Click [HERE](#) to watch a short video that will take you through a nighttime routine that can help you get the rest you need.

Please remember, your Pierce Adjustment Counselors are here for you if you need us. Have a wonderful week!

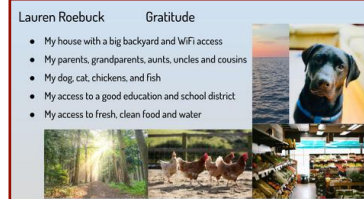
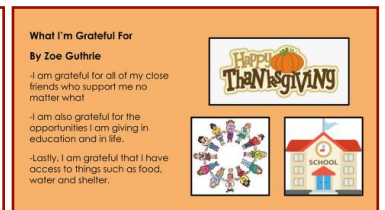
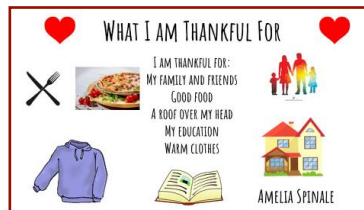
Kelly Dearing, kdearing@miltonps.org
Myriam Francoeur, mfrancoeur@miltonps.org
Kara Sheridan, ksheridan@miltonps.org

PIERCE SCIENCE FAIR

We are excited to announce that the Pierce Science Fair will take place in February with a virtual format. It is always a proud moment for us to see students sharing the results of their own science investigations and engineering design projects. Our top presenters will still have the opportunity to advance to the Regional Science Fair. Ms. Duggan, Science Fair Coordinator, will be holding help sessions for participating students on Mondays and Thursdays from 3:00-3:30 via Google Meet. Interested students should join the Google Classroom (bs5ysu5) and complete the [registration form](#). If you have questions, please contact Ms. Duggan at maduggan@miltonps.org or Ms. Chiappetta, K-8 Science Coordinator at cchiappetta@miltonps.org.

GRA•TI•TUDE | noun. a feeling of appreciation or thanks

Mrs. McEvoy's quarter 2 health classes discussed the connection between gratitude and health. Students shared gratitude slides to express what they are grateful for in their own lives.



UPDATED STREAMING GUIDELINES

Streaming into classes is ONLY allowed for students who are at home for COVID-related reasons. This includes students who have tested positive, are awaiting test results, or have been identified as a close contact of someone who has tested positive. We maintain a list of students who have been approved to stream into class, and teachers only set up streaming for students on this list.

If you need to quarantine for any of the above reasons, please follow the instructions below to be approved to stream into class:

1. Send an email explaining your situation addressed to Nurse Barbara Perry, Principal William Fish, Assistant Principal Nick Fitzgerald and Assistant Principal Janice Mazzola (bperry@miltonps.org, wfish@miltonps.org, nfitzgerald@miltonps.org, jmazzola@miltonps.org). Your name will be added to the streaming list within 24 hours of receiving this email.
2. Streaming Instructions: Log in to the Google Meet used for remote afternoon classes. Teachers will stream into the classroom through this link. It can take teachers a few minutes at the beginning of class to set up the streaming. If students have trouble accessing class after the first few minutes of class, they should email their teacher.
3. When you are able to return to school, send an email to confirm your return date to Nurse Barbara Perry, Principal William Fish, Assistant Principal Nick Fitzgerald and Assistant Principal Janice Mazzola (bperry@miltonps.org, wfish@miltonps.org, nfitzgerald@miltonps.org, jmazzola@miltonps.org). We will remove your name from the streaming list.

If you have questions about whether or not you need to quarantine, please contact Nurse Perry via phone at 617-6964575 or via email at bperry@miltonps.org.

If you are not attending school for reasons not related to COVID, you should check Google Classroom for work and follow up with your teachers about make up work when you return to school.

HELPFUL RESOURCES



Ms. Jaquette - Gr. 6 Guidance Counselor
• ejquette@miltonps.org



Ms. Veldran - Gr. 7 Guidance Counselor
• lveldran@miltonps.org



Ms. Benjamin - Gr. 8 Guidance Counselor
• ebenjamin@miltonps.org



Adjustment Counselors' Google Classroom
Code luzd6uw



Having Technology Issues? Click [HERE](#) to access the MPS Technology Website



Marti McKenna, Family Outreach Liaison
• mmckenna@miltonps.org or 617-980-7343