

>A Few Friendly Reminders =

- ✓ Students MUST bring headphones or earbuds to school EVERYDAY!
- ✓ Only students who are absent for COVID-related reasons are added to the streaming list. Students who are not able to attend school because they are sick, have an appointment or are away from home should go to Google Classroom for the work they missed and check in with their teacher when they return to school.
- ✓ Please email Nurse Perry, Principal Fish, Assistant Principal Fitzgerald and Assistant Principal Mazzola when your child is returning to school after quarantining at home. If your child was tested, please send a copy of the negative test to Nurse Perry.
- ✓ Attendance in remote classes is mandatory. Keep in mind students who do not log in, are logged in for less than 60% of class, do not have their camera on AND do not respond when addressed by the teacher will be marked absent.



Practicing mindfulness helps us learn how to live in a way that can make life less stressful and more enjoyable. This sounds simple, but it can be hard to remember to do it. STOP for mindfulness is a tool that can help us learn and practice how to be more aware of what we are thinking and feeling in the present moment and to give ourselves a break from negative or overwhelming thoughts. Click <u>HERE</u> to watch a short video to get you started and remember to STOP for mindfulness, take a breath, observe and proceed.

Please remember, your Pierce Adjustment Counselors are here for you if you need us. Have a wonderful week!

Kelly Dearing, <u>kdearing@miltonps.org</u> Myriam Francoeur, <u>mfrancoeur@miltonps.org</u> Kara Sheridan, <u>ksheridan@miltonps.org</u>



Ms. Jaquette - Gr. 6 Guidance Counselor • <u>ejaquette@miltonps.org</u>

Ms. Veldran - Gr. 7 Guidance Counselor • <u>Iveldran@miltonps.org</u>

Ms. Benjamin - Gr. 8 Guidance Counselor • <u>ebenjamin@miltonps.org</u>

LOST AND FOUND





The items pictured on the left are still in our lost and found. We've got three jackets, a sweatshirt, a hat, and a water bottle. If any of these items belong to you, stop by Ms. Mazzola's office to claim them.

CORRECTION: Apologies for the misspelling of 6th grade Student of the Month Sofia Nitolo.



"Project 351 is an independent nonprofit organization that builds a movement of youth-led service by engaging an unsung hero from each of Massachusetts' 351 cities and towns. United for a year of leadership and service, Ambassadors transform communities, elevate kindness, advance social justice, and gain the courage, compassion, and capabilities to lead change." www.project351.org



Ms. Perry - School Nurse

bperry@miltonps.org
or 617-696-4575



Marti McKenna, Family Outreach Liaison • <u>mmckenna@miltonps.org</u> or 617-980-7343

PIERCE MIDDLE SCHOOL • 451 CENTRAL AVENUE MILTON, MA 02186 • <u>WWW.MILTONPS.ORG/PIERCE</u>